BASQUE RURAL SPORTS

















ESKU PILOTA

- -It is usually played in pediments
- -It is played in pairs
- -Professional players make championships
- -There is another similar sport but it is played with a basket



VIDEO:

https://www.youtube.com/watch?v=aJKL04M60Lw



SOKATIRA

It is play in grass and in rubber.

There are two groups with one rope and they have to stretch. The group that sweeps along the middle of the rope wins the competition.

VIDEO:

https://www.youtube.com/watch?v= n6F6GWX6d0o



HARRIJASOTZAILEAK

-It is the name that receives the modality of stone lifting, very typical and popular

Basque rural sport

-Only practiced in the Basque Country

-Athletes or stonelifters have to lift the stone with the

highest possible weight.

VIDEO:

https://www.youtube.com/watch?v=wlc LDp88sKM



REGATAK or TRAINERAK

It takes place in the sea, but near the coast. The team is placed into a special boat.

It is a race between this type of boats (trainera)which were used in the past

to hunt whales.

VIDEO:

https://www.youtube.c om/watch?v=PdGdfvT k93M

