

ERASMUS+ ROOTS

ISSUE 3

Inside This Issue

Page 2: Food, food, food

Page 3: Trips to history

Page 4: Workshops

Pages 5-8: Photogallery

CATANIA



APRIL 2019



MEETING IN SICILY



Food, food, food

STEP 3 - Italy. After meetings in Finland and Cyprus we moved forward with our project and the next host that invited us to search the roots together was the Italian partner school. The school is focused on gastronomy, so the topic of the meeting was clear - food. During the third meeting we visited a food festival, tasted several types of pizza (no pineapple, we know....) or pasta and even a traditional horse steak. We also cooked on our own - besides presenting some national food on the day of national cuisine we learned how to make something Sicilian! The chefs taught us how to prepare shrimp soup, swordfish rolls or some sweets.



Here are all the future chefs after the cooking lesson. Some of them in charge of shrimps, the others in charge of swordfish, and the rest the managers of the department of sweets. You will be no more hungry with them around! Catch them all! :-)

What's your favourite pizza? Do you prefer a "simple" margherita or a salami one, with olives or without them? We were in Italy only for one week so we had no chance to taste all kinds of pizza. On the second day we went for dinner to a pizzeria in the city centre and we were surprised with a good choice and also a good prize. We chose "the offer" of the restaurant and started with bruschetta followed by a margherita and a beer at the end. This all for 8 euros! In the other days we went to other pizzerias and tasted "four cheeses" or ham pizza for example. Anyway, wherever we went, whatever we ate, it was so delicious. I miss Italian food!

Visiting a food festival in Catania



At the beginning of our project meeting we visited a spectacular festival that was held in Catania - Cibo nostrum. Hundreds of street stalls, thousands of meals, sweets or drinks were ready to taste. Chefs from all over Italy presented their skills and the visitors, including us, could really enjoy the event. We paid 10 euros entry fee and this included several coupons which could be exchanged for various meals and drinks. We started with spaghetti, of course. Sometimes it was quite hard to get to the stalls as the event was visited by thousands of people. Anyway, we managed to choose what we liked and we tasted some sweets, some wine, burgers and several types of cheese. Yummy, all the food was so delicious!! It was really a good idea to ask the Italians to be in charge of this topic! ;-)



Presentation of national cuisine

In 2013 we implemented a very popular workshop (particularly in youth exchanges) into our school project and since then we have worked on it in all our Erasmus+ project meetings. All the partners usually present their typical meals, sweets, snacks, food etc. and the teachers and students can learn about traditions of their partners and about their typical national cuisine. And we really enjoy this activity, tasting delicious foreign food is exciting!



We brought some sweets and goodies from our country, but as we were able to work in the kitchen as well, we tried to surprise our partners with something tasty, made on the spot. We made garlic spread which is quite common when you have guests at home or at some parties. And here's the recipe: you need just some garlic - the more, the stronger spread ;-), processed cheese and tartar sauce and you mix everything to make the spread soft and creamy. You can make it spicy if you want, just add more garlic! We usually eat the spread on rolls cut in small rings. Try, taste and enjoy!

For those who are not lovers of garlic we brought some good chocolate and sweets and for adults also some becherovka to taste.

Local activities

In April our students and teachers saw a film performance "Extinct Karviná" about vanished places in the old town of Karviná. Later on, in May, three students of our school even took part in filming the second part of this film. The film will be released in autumn.



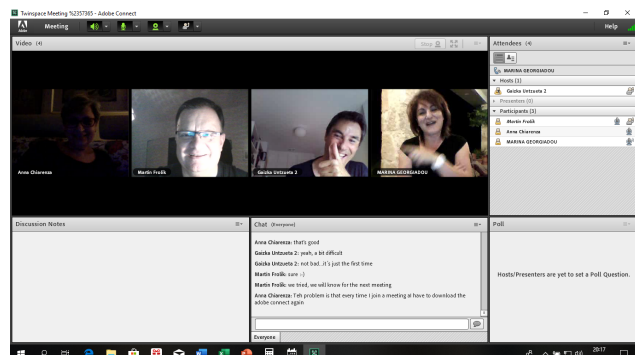
Easter

Our students worked out some miniprojects about traditions and feasts in our country. The students of the first grade made their projects about how they celebrate Easter in their families.



e-Twinning

The coordinators from the partner schools met at a video-conference on e-Twinning to discuss the run of the project and talk about local activities and future plans. We also uploaded some photos and materials on the eTwinning portal and send some Easter wishes to our friends from other countries.



Trips to history

During the meeting in Sicily we were learning about the roots of its culture. First we visited some historical places in Catania and in the next days we made trips to the most popular historical places on the eastern coast of Sicily. After a short walk on the Etna mountain which is the symbol of the region and the island we stopped in Taormina, an ancient town on the coast of the Ionic sea. The most important place in the town is Teatro Greco which was founded in 3rd century BC by the Greeks and rebuilt by the Romans in 1st century AD. We also had some time to walk in the historical streets of the town. Our second trip was to Siracusa, a UNESCO place, a town founded about 730 BC. There we visited the Greek theatre, the caves with amazing acoustics, walked along the seaside and ended our "trip to history" by the Dome. Both Taormina and Siracusa are really nice places worth seeing and we found the excursions very interesting!



At the town hall in Zafferana Etnea

Zafferana Etnea is a small town on the hillside of Mount Etna. On the way down from the mountain towards Taormina we stopped in this town where we were welcomed by the Lord Mayor. We learned more about Mt.Etna and he learned about our project.



Presentations



Between the meetings in Cyprus and in Italy all the partner schools worked on the tasks connected with food. The students made and filmed interviews with their grandparents and other older people about typical meals in their childhood, worked out presentations and showed them to their partners. The interviews will be published in one of the final outputs - a book of stories.

Workshops

In our programme we had also workshops focused on cooking and typical cuisine. Besides preparing traditional meals in three groups, our students also worked on recipes. And as Easter time was approaching, just after the meeting the students also prepared some small projects about how they celebrate Easter with their families.



My memories of Sicily

by Kateřina Látová

Our trip to Sicily started on March 30th at the train station in Havířov. We continued by train to Vienna. From Vienna we flew directly to Sicily. We moved from the airport to our accommodation, which became our new home for a week.

The next day we met other project participants. This day, participants from each country presented prepared presentations about their country and also interviews with people. We went on several trips all week. For example, we visited the volcano Etna, the town of Zafferana, the town of Taormina, where was a wonderful view, the Opera House in Catania and many other beautiful places.

One day we had national cuisine, so we could try so many different dishes from other countries.

This week we met so many amazing people and could experience great moments with them. I am sure I will remember this week forever.

My experiences from Italy

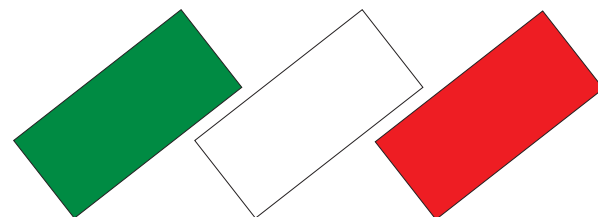
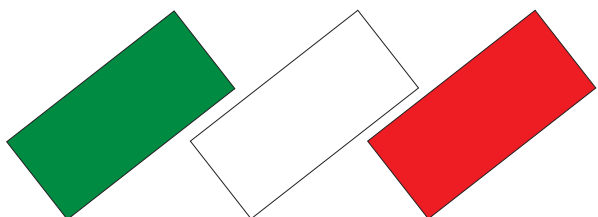
by Natálie Nikšičová

Our project in Sicily started on 30th March and ended 6th May 2019. On Saturday, we travelled to Italy all day long. From the Czech Republic from the town of Havířov we went by train to Vienna in the morning, from where we flew to Italy. When we arrived to Sicily, we tried to get to our hotel. I liked our hotel so much. When we got to the hotel we unpacked things and then we went for a walk around the neighborhood. I was very excited about Italy and I really liked it. In our street there were lots of restaurants and shops. From our room we had a beautiful street view. We went to dinner that night and then back to the hotel because we were tired of travelling. The next day we went to school where we met other people from the project from the other countries. We presented our video about our town and interviews with older people about their childhood and their favourite food from their childhood. We quickly found new friends. The next day we visited the Etna volcano. It was the biggest enjoyment for me and the best thing of the whole project. I liked it so much. For the whole week we visited many nice places such as Taormina, Syracuse, Teatro Massimo Bellini and others. I tasted Italian spaghetti carbonara which was excellent. I most liked pizza margherita and Italian ice cream. I learned how to cook many Italian meals. I learned the new Italian words and especially I met amazing people. I appreciated this project very much and I am grateful for this opportunity. Thank you Erasmus Roots!

A week in Sicily

by Klára Klorová

We were the only group who stayed in hotel so the first day when we arrived to Catania was just for ourselves. We spent rest of the evening out shopping and looking around. Next day we visited Monastero dei Benedettini di San Nicolo with teachers. Next days were fun. We finally had to meet students from partner countries. Then spoke about the interviews, tried to cook some Italian food, had the day of national cuisine, went out with our new friends. Then we went to 2 cities - Taormina and Zafferana. And also visited Etna. It was very beautiful. In the end it was really great experience. I met new people, practised my English, visited very beautiful city. In my opinion, when you are on projects like Erasmus you can meet so many people. And even though you do not know English that well, there are so many friendly and welcoming people that will help you no matter what. So thank you belongs to my teacher who allowed me to see a little bit more of the world.









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Stories: Martin Frolík
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Author: Martin Frolík

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