

Erasmus+ (2017-2019)

European sustainability vs. food waste intercultural solutions to find our way towards a sustainable "super meal" in the European Union (France, Germany, Italy, Poland, Spain)

Preparing our learning activities in France:

Analysis of the eating habits based on a typical day at school

		Age:	Geno	Gender:					
Ψ									
1	1)	How many meals do you eat in	a school day?						
→	••••								
	2) 	Where do you eat at noon? (in c		<u>)</u>					
	3)	How much time do you have to							
	•	Where can you eat at school?							
!	5) Do you spend money for food at school? How much?								
		□ Yes □ No	How much? →						
(6)	Can the place influence what yo	u eat?						
		□ Yes □ No							
•	7)	In your opinion, does your mood	influence your eating desire?						



☐ Yes

□ No



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8)	Do you have ☐ Yes	e a healthy diet? □ No				Format Co.				
9)	What do you	ı choose between :								
	□ a healthy	meal but not attrac	tive 🗆	an unhealthy	, meal but at	tractive ?				
10)) Do you have a special diet? (vegetarian, vegan, other)									
	□ vegetariar	n □ vegan	□ ot	her :	•••••••••••••••••••••••••••••••••••••••	•••••				
11)	What is the n	What is the most important for you when you eat?(only one answer)								
	□ price	□ well-balanced	□ smell	□ taste	□ touch	□ sight				
12)	12) Is it important for you to eat organic food?									
	□ Yes	□ No								
Pl	ease ask 25	5 girls and 25 bo	ys in your	school abo	ut their ea	ting habits.				
Use the results and make graphs.										



