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FOCUS -

Developing Learning, Life and Interpersonal Skills through a New Form-teaching Curricula for Secondary Students



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Gefion Gymnasium, Denmark

Efficient communication

SEMINARUL TEOLOGIC ORTODOX,
Cluj-Napoca, Romania



By:

**FELECAN MARIA
IONESCU RADU
PACURAR IOANA**

felecan Maria

Age: 16 years old

Nationality: Romanian

Hobbies: playing the guitar,
reading books, watching tv
series

Likes: long walks in the
sunset

Ionescu Radu

Age: 17 years old

Nationality: Romanian

Hobbies: Studying Japanese
& English, playing piano.

Likes: Old Music, Anime

Pacurar Ioana

Age: 16 years old

Nationality: Romanian

Hobbies: hip hop
dancing, drawing,
watching TV shows

Likes: horror movies,
old music

EFFICIENT COMMUNICATION:

- COMMUNICATION IS DEFINED AS:” THE IMPARTING OR EXCHANGING OF INFORMATION BY SPEAKING, WRITING OR USING SOME OTHER MEDIUM”

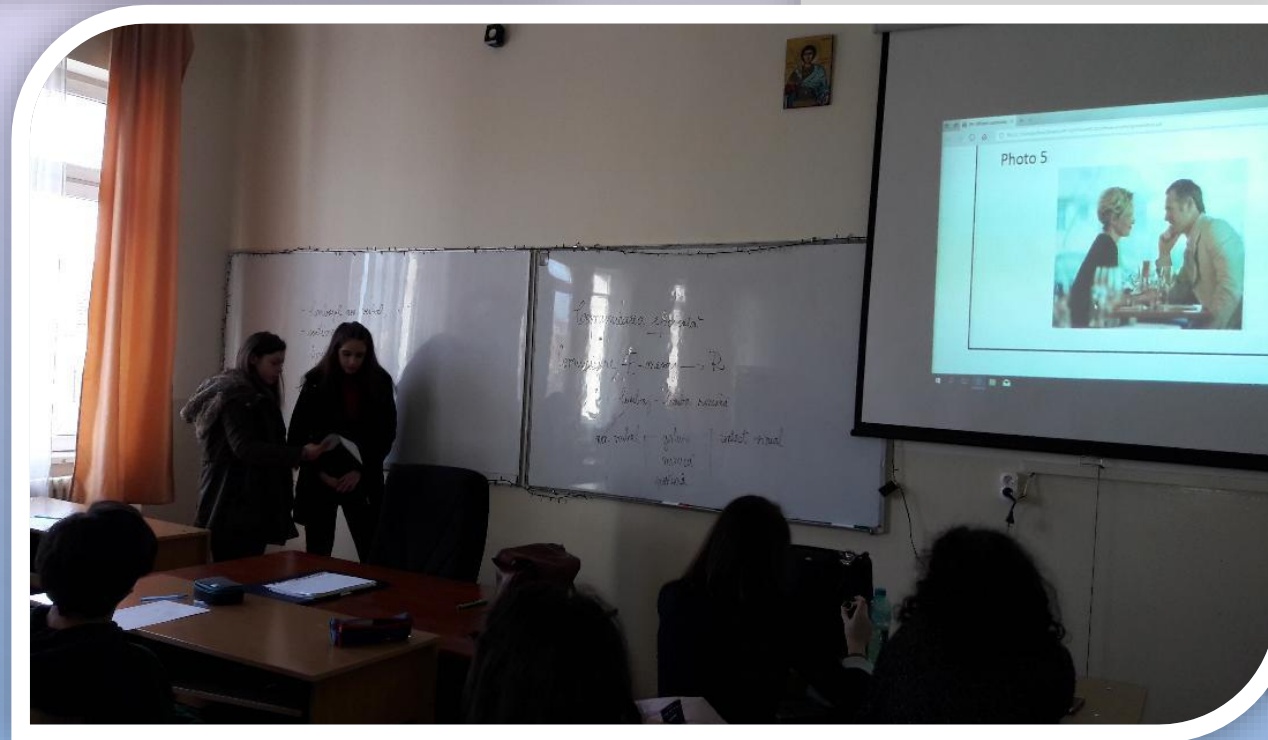
A Simple Model of Communication:

Sender → message → receiver

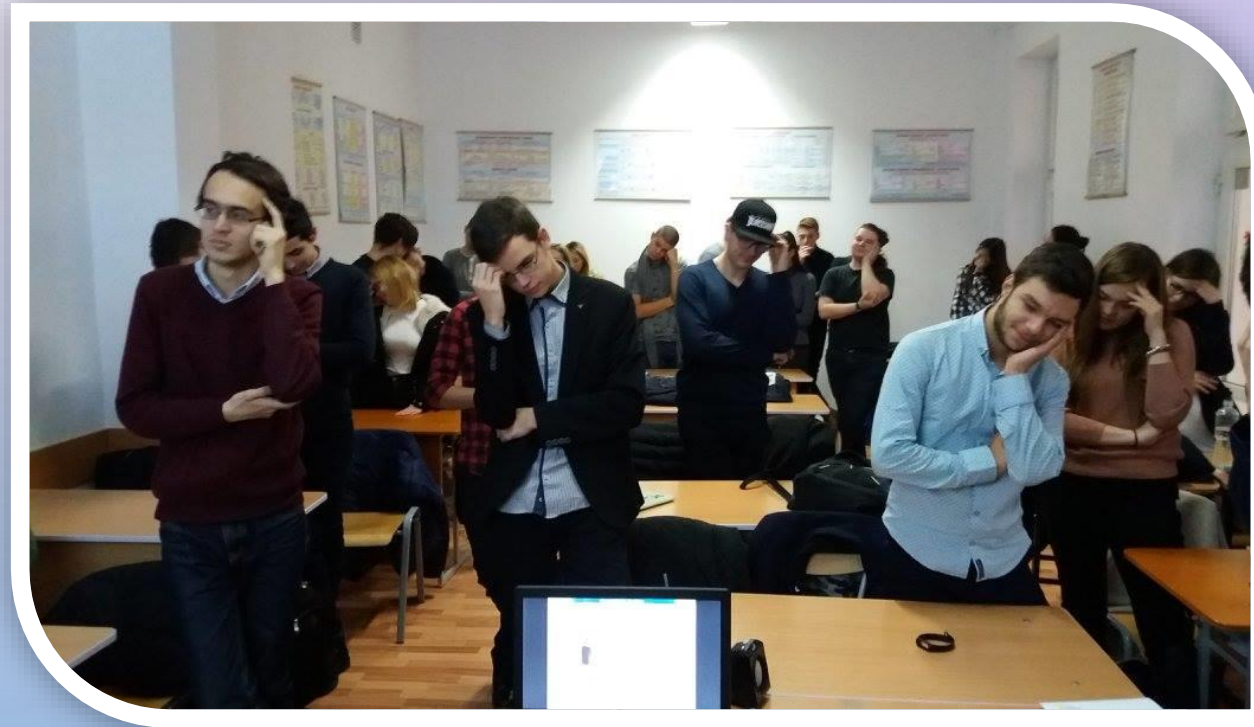
- Who is the sender of the message? What are his or her intentions?
- What is the message?
- Who is the receiver and what interest does the receiver have in the message?

- WHEN WE LISTEN TO WHAT OTHER PEOPLE SAY WE UNDERSTAND THE WORDS AND THE MEANING OF THE SENTENCES, BUT THE VERBAL PART OF THE COMMUNICATION IS FAR FROM ENOUGH TO UNDERSTAND THE FULL MEANING OF WHAT IS BEING SAID. THERE ARE ALSO MANY OTHER FACTORS TAKEN INTO ACCOUNT IN THE INTERPRETATION, SUCH AS:
 - - THE NON-VERBAL SIGNALS
 - - THE CONTEXT OR THE SITUATION
 - - THE RECEIVER'S KNOWLEDGE ABOUT THE PERSON AND THE RECEIVER'S FIELD OF EXPERIENCE.

The non-verbal aspects of the communication have a big influence on the way we interpret the message!



BODY POSES



BODY POSES

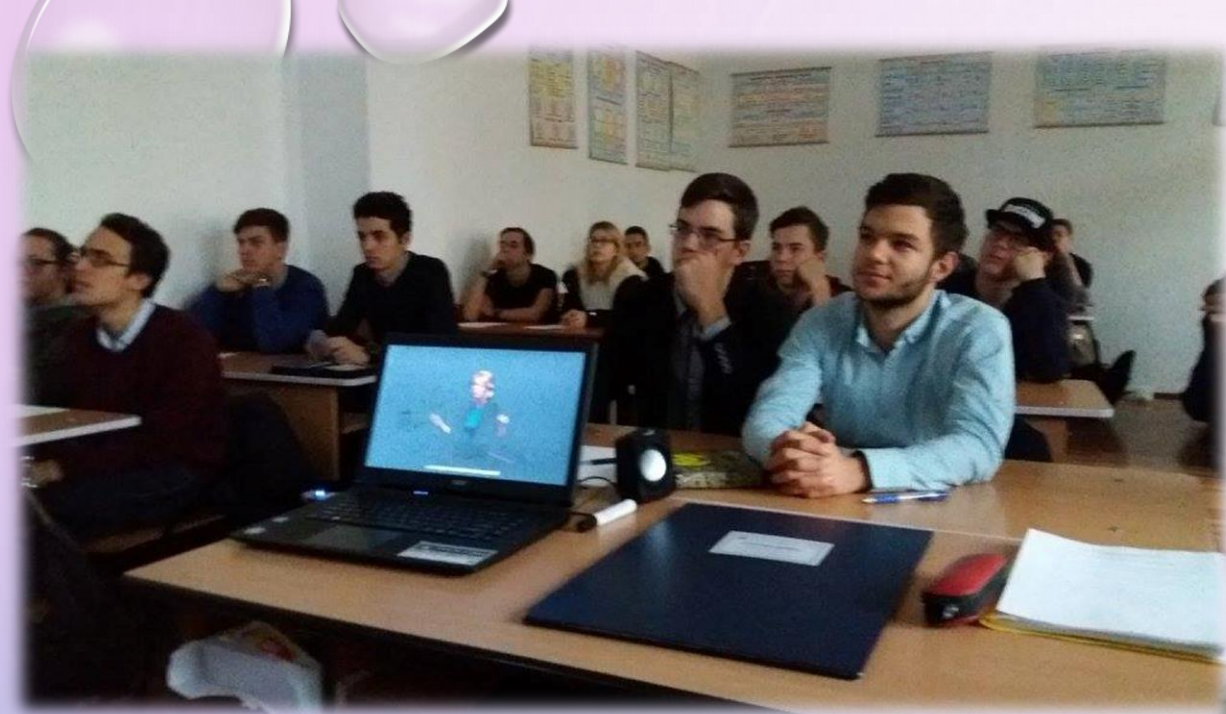


We felt

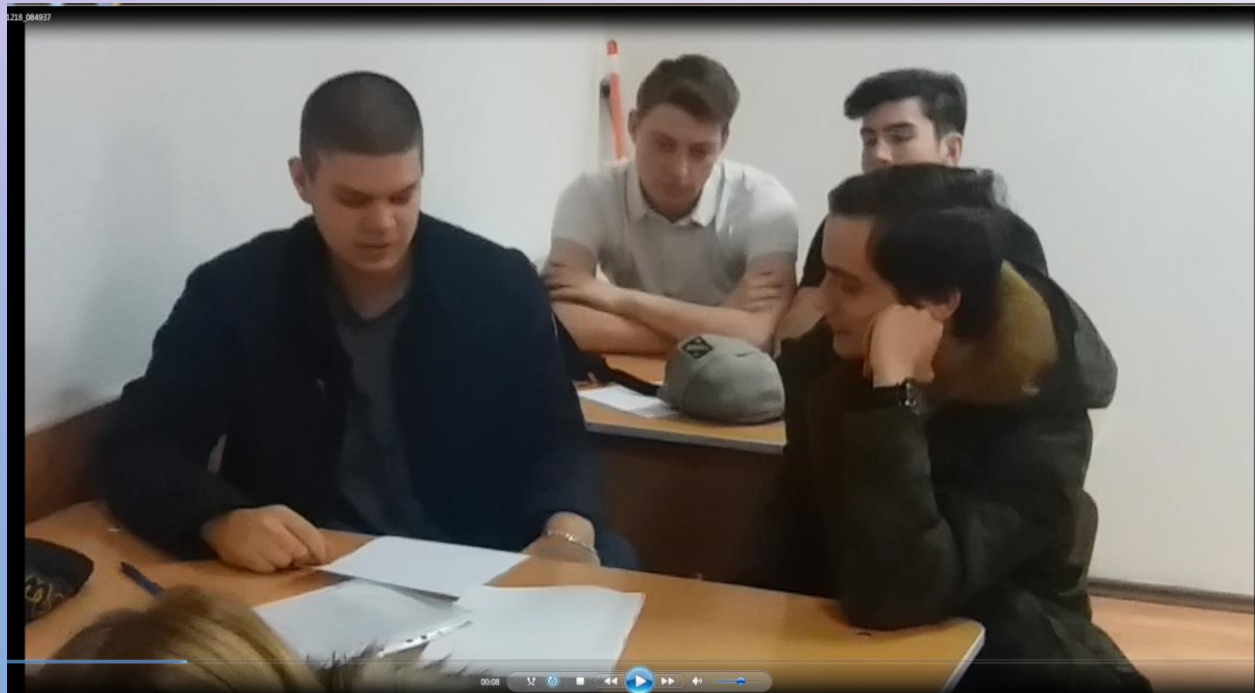
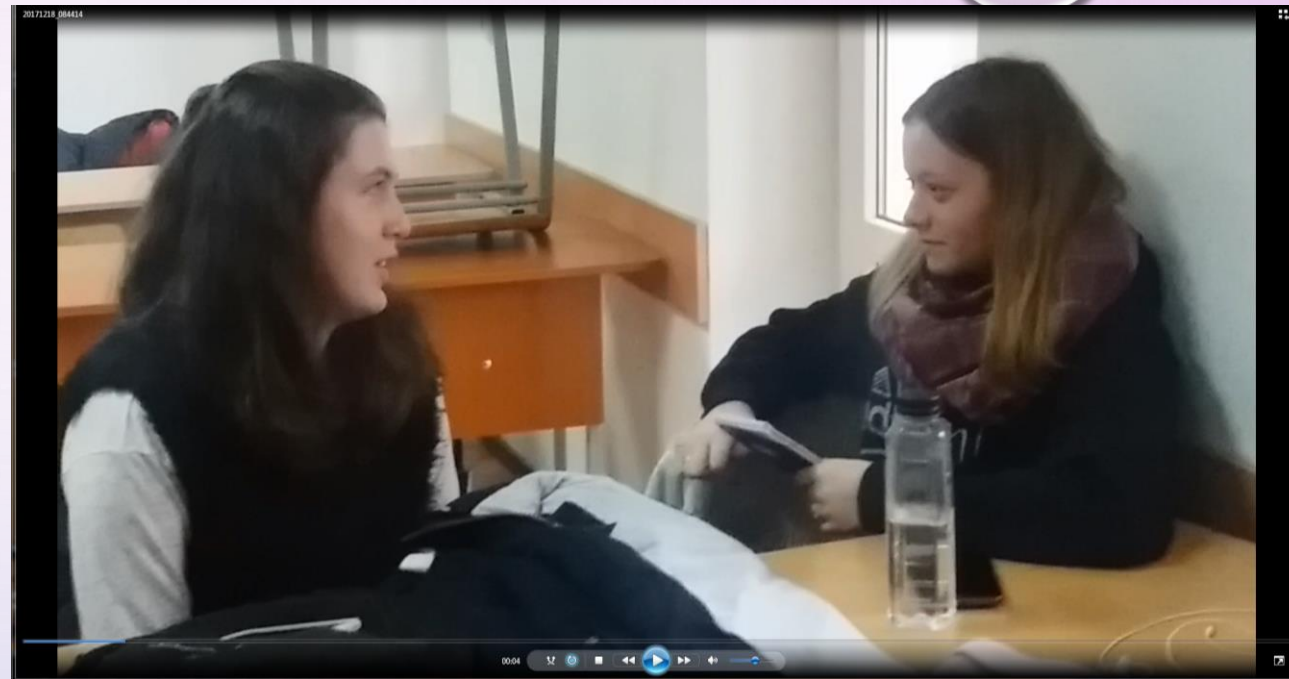
- * powerful, happy, self-confident, proud
- * sad, ashamed, angry, not powerful enough



Pay attention to people, they might say something but their body reveals their true feelings



Job interview – role play



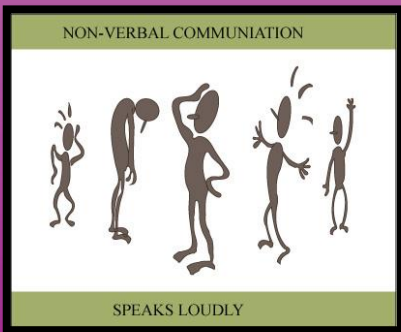
What is communication → is not enough to send your message, is important for the message to be received

Non-verbal communication is communication without words → it is reliable and efficient

What have we learned?

We can express our feelings, but we also need to show them → non-verbal communication mirrors the feelings

We can express our feelings, but we also need to show them



**The most important thing in communication
is hearing what isn't said**

Peter Drucker



**Thank you for
your attention !**



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DISCLAIMER:

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