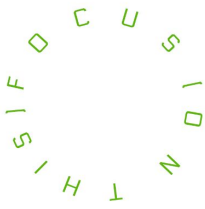


FOCUS (ON THIS)

Newsletter - Anna, Frederik B, Haakon & Nadeen



The birthday girl, Lise from Denmark



Kindness fights bullying - pen and paper workshop

We all know someone, who has tried to get bullied, or maybe we have tried to get bullied ourselves. However, we can all agree that we need to step in whenever bullying appears. We can make a difference if we stand side by side.

You can clearly feel the excitement while walking around in Himmelrummet at Gefion Gymnasium. Everyone is creating creative posters about bullying and how you can fight it as a fellowship.

Henrik Uth started out the day with introducing the workshop and within seconds everyone were having tons of ideas.



One of the many

interesting ideas was about effective communications. How do you communicate in



the best way and how can we exclude other fellow students by communicating in a bad way? These are some of the questions

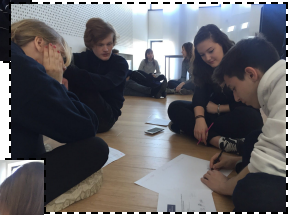
Robert, Caroline, Mathilde and Zilas will shed light on.

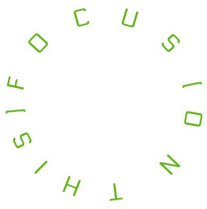
Another group has “teamwork is awesome” written on their poster, because they want to show how you can achieve more when you are in a team. The members of the group are Laura, Ella and Sebastian, and they are just one of the many groups that have a catchy and powerful phrases written on their poster:

- #Stopbullying
- I can
- Good communications is not necessary effective communication
- Trust yourself
- Say it loud
- It all starts with communication

And lastly, a group has created a poem that tells their attitude to bullying;

- Roses are red
Violets are blue
Bullying is bad
You know it's true

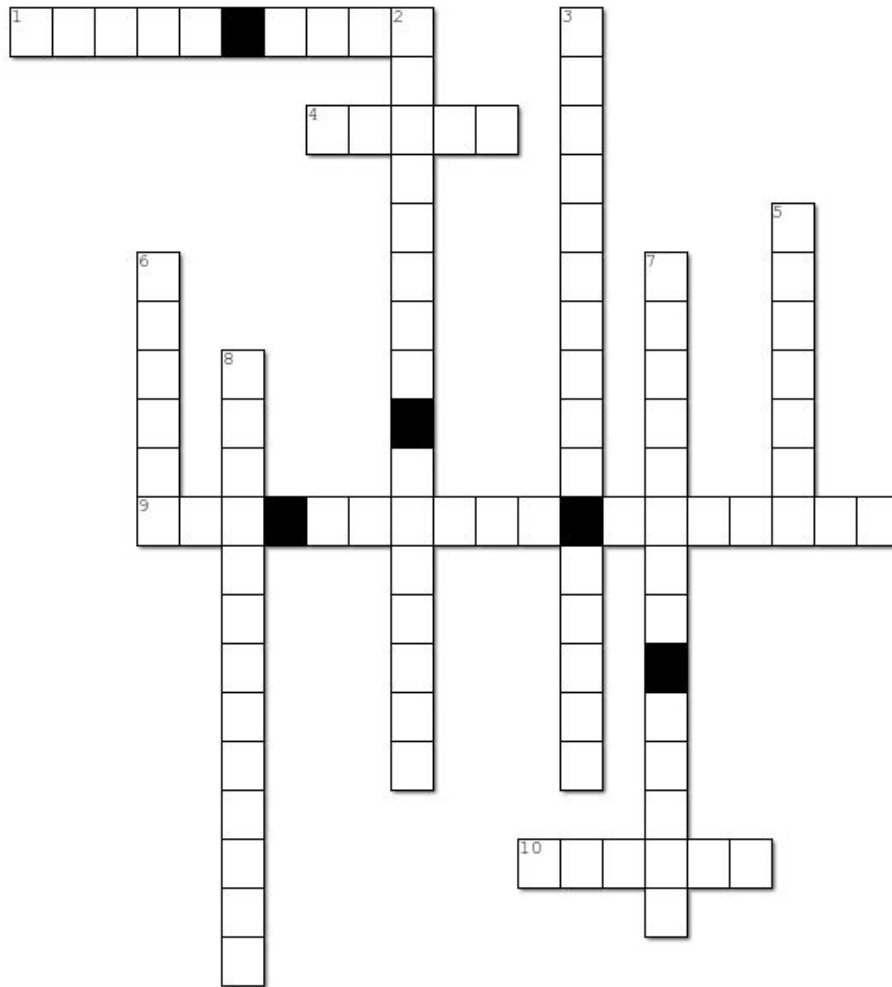




ACTIVITIES

ERASMUS

Complete the crossword below.



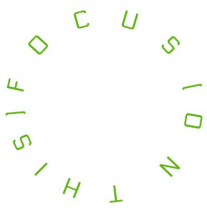
Created with TheTeachersCorner.net [Crossword Puzzle Generator](#)

Across

1. When you stand a certain way to make yourself feel stronger.
4. Name of the Erasmus+ project.
9. The statue placed on Langelinie, based on a story by H.C. Andersen.
10. The amusement park in the middle of Copenhagen.

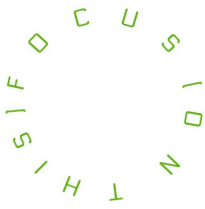
Down

2. When a student lives abroad .
3. The hardest working group this week.
5. The country that has a blue, yellow and red flag.
6. The boy who has two Greek students staying with him. His name is also a month
7. The organisation that is in charge of the Erasmus project.
8. When you bully someone over the internet.



SUDOKU

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



Living with a stranger

We all meet strangers and pretty much talk to one everyday. For all the Erasmus students, they are not only talking to nor meeting a stranger. They are living with one.

Living with someone you do not know, can be exciting and awkward. For both the Danish and foreign students it was a rollercoaster and a new experience. Gustav said; “at first it was a bit weird and they were really shy. But now we’re talking a lot more and having fun”. For Ioana it was also a little weird at first, but now her an Anna talk about almost everything.

“You learn so much, the Romanian school system only has a few differences from the Danish one. They have 3 months of summer vacation, so unfair”. She says laughing.

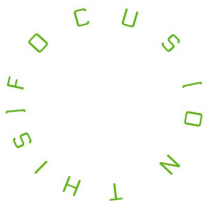
Both Gustav and Anna made sure, it was very clean when their guests arrived.

Radu agreed that Denmark was a lot different from Romania, but the key point as he said, is “adapting”. If you learn how to adapt, then it will not feel like you are living with a stranger. 6 days is probably not enough time to adapt, but it should be time enough, to make a good friend.



Good to know phrases

English	Danish	Romanian	Greek	Polish
Hello!	Hej!	Salut!	Jia!	Czesc!
My name is	Jeg hedder	Numele meu este	Me léne	Nazywam sie
How are you?	Hvordan går det?	Ce faci?	Ti kánis	Jak sie masz?
I’m good	Det går godt	Sunt bine	Ime kalá	W porzadku
When is dinner?	Hvornår er der mad?	La ce ora este cina?	Póte ine to vradinó	Kiedy bedzie obiad?
Thank you	Tak	Multumesc	efcharistó	Dziekuje!
Please	Bede om	Te rog	parakaló	Prosze



Get to know Radu from Romania

Who are you as a person?

“I’m a very talkative person, who likes to study history, geography, english, romanian and social humanistics. Besides that I am about to learn japanese on my own. However, I like to watch anime, go to the gym and surf on anonymous fora, where I have a lot of political discussions, in my spare time.



What is your political point of view?

I am a socialist - actually close to be a communist. I got raised by my grandparents most of my life, and they have affected me a lot, because they are socialists as well, unlike my parents who are truly liberal.

Has there been any experience in your life, that you believe has affected you as a person?

In 9th grade I changed school. Back then, I was a very shy person, and people at school used to tell me that I was ugly, an idiot and that I never did anything. Actually, it has affected me until today in the way that I still can’t believe the meaning of being beautiful, because I have always been told that I am ugly.

When I changed school, I got to meet a teacher that actually believed in me and that got me to believe in myself. Therefore, my message to everyone else is, if you have a role model who believe in you, your life is going to change.

Get to know Anastacia from Greece

Tell me about yourself?

I’m 16, I come from Greece, a little town called Volos. I go to a School that has around 300 students, I study history, latin and Ancient Greece. You need that to study psychology and I really want to do that. Grades are given in 1-20 unlike Denmark that goes from (-3)-12. I need 19 points in my exam to study psychology.



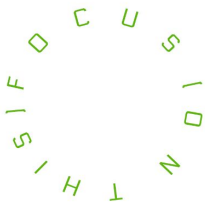
What about your spare time?

I do a lot of homework, preparing for the next week of School. Then i take extra lessons in Ancient Greece and history, so i can study psychology and I also dance!
In The weekends I watch a lot of movies and hang out with my friends.

What’s your favorite dish?

I love Pasta! Carbonara is great! My favorite Greek food is Souvlaki, it’s a piece of bread with potatoes, Tzatziki. And then I prefer chicken, ketchup and mustard on it.

Who are you as a person?



I'm really sensitive and not as positive as people think. And I get very angry quite fast, both at people and things. When I was younger I was very social, now that I'm a teenager I'm not as social, as I was before. It makes me angry when people wake me up in the mornings. If they shake you or something.

Get to know Sebastian from Poland

Tell me about yourself?

I'm 14 and from Poland, I go to a normal school, so no directions. I go to school between 7.30-14.00, 2nd year in secondary school. I love basketball, so I play that a lot. I play football too, but I'm not too good at that. I hang out with my friends a lot, and of course homework, because we always have tests, almost everyday. I also collect old stuff, especially coins, but also helmets and barrels. I go to Sunday church because I'm a Catholic.



What's your favorite dish?

A dumpling stuffed with potatoes and onions. It's called Pierogi.

Who are you as a person?

I'm not shy at all, I love meeting new people and seeing new places. I'm a happy person, but politicians make me angry, especially the ones who want war.

Get to know Natascha and Gustav from Denmark

Natascha, who are you as a person?

I am very positive as a person, and I therefore always try to have a positive outlook on life even though it can be difficult sometimes. Besides that, I like to sleep and eat. I am very talkative, and my best friend is the amazing girl, Nadeen, from my class.

However, I am a big fan of Harry Potter.

Gustav, who are you as a person?

I am very social as a person and I love to travel. Besides that, I love to spend time with foreign friends, and actually most of my friends are from other countries.

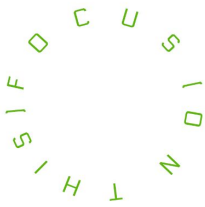
Natascha, what do you do in your spare time and what are your dreams for your future?

I am home alone - which I love - or I hang out with friends. My biggest dream for the future is to travel and end up working in the Harry Potter World in California.



Gustav, what do you do in your spare time?

In my spare time I play roleplay, play drums, work and I am politically engaged in the Danish political party, Alternativet. Actually, I chose Alternativet because I believe their green ideology and the way they want to fight global warming, which I also make an effort to do in my personal life.



Natascha, has there been any experience in your life, that you believe has affected you as a person?

Yes: I got raised by my mother the most of my life, because my dad lives in USA. Actually, I kept on having contact with my dad by writing emails forth and back until I got 8 years old. Afterwards, my dad stopped the contact with me, and I've been thinking about him ever since.

At christmas this year, my dad again contacted me and he is coming to Denmark to meet me this year. At the same time, I am planning to visit him, my older sister and my little brother in USA, and I am looking forward to meeting them.

Gustav, has there been any experience in your life, that you believe has affected you as a person?

One time I had to visit a camp in Italy, where I from the first time in my life had to travel by my own. I experienced to go beyond my own boundaries - even though I went there and found out that sometimes you have to take a leap in life.

When you see some possibilities, where you stand up and start thinking "am I good enough?", then remember that it's better trying than letting it go.

9 pick up lines you can use in the club.

Hey my name is but you can call me tonight.

Is your name wifi because i feel a connection?

Are you a magician because everytime i look at you everyone else disappears?

Did the sun just rise or did you just smile at me?

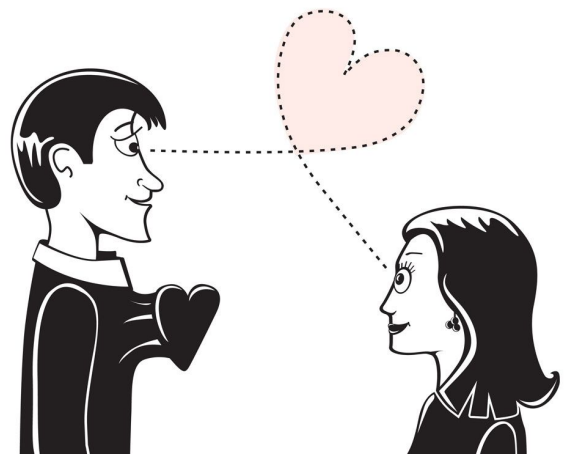
I have forgotten my phone number, can i get yours?

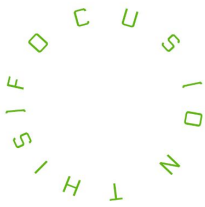
You are so hot, that i forgot my pick up line.

Do you believe in love at first sight or should i walk past you a couple of times.

When you were born, the sky cried because they lost their most beautiful star.

Roses are red violets are blue, it would be a shame if i couldn't date you.





Debating does good

The tension that can rise during a debate can be ground shaking, icy stares as well as snotty comments. I.P and the students from Greece, Poland and Romania were taught how to properly compete in a debate. Luckily the class kept calm and presented their views in an orderly manner. They started of playing some games that made you think. You were not just able to talk, as there were different

obstacles. One of the games included a rule that said you were not allowed to say “uhm”, this was a way for both parts to refine their language. The class ended with a bang of a debate, six students in total represented two different views, this forced people to do something out of the usual. Challenging your views is a way to learn how to listen to others. This will help you become more of a team player.

10 things you have to see when you are in Copenhagen.

Tivoli: the amusement park in the middle of Copenhagen

The Little Mermaid: statue placed on “Langelinie”, based on a story from H. C. Andersen.

The Round Tower: a tower placed in Købmagergade, build by Christian IV.

New Harbour: the first house was build in 1681 and The New Harbour is the perfect place to eat an ice cream on a sunny afternoon.

The Opera house: built by Maersk as a gift for the city of Copenhagen.

Christiania: a free community in Christianshavn. It’s well known for dealing with weed.

Rosenborg Castle: Placed in Kings Garden and is built by Christian IV as a summer residence.

Amalienborg: the place where the Queen of Denmark is living with her family.

Slotsholmen: It’s is where Christiansborg, “Børsen” and “Tøjhusmuseet” is located

Kastellet: it’s an old military base, part of the fortification of Copenhagen