

# SINT-JANSHOF MECHELEN

THREE LEVELS AND
A LOT OF TALENTS
UNITED IN ONE SCHOOL



# SPECIAL NEEDS EDUCATION

FOR STUDENTS WITH
A MILD, MODERATE AND SEVERE
MENTAL RETARDATION



- To have access to special needs education in Belgium, the following is required:
  - The student needs a special report for special needs education.
  - The report has to be written by an agency for student counseling.
  - In the report it has to be clear that it's impossible for regular education to do all the necessary adaptations the student needs in education.

#### **ENTRANCE**

TO SPECIAL NEEDS EDUCATION IN BELGIUM

#### **OUR STUDENTS**

Youngsters from 13 until 21 years old



#### Level one

Severe mental disability

Students of level one have a severe mental disability. Some of the students also have autism. Most of the students with autism are integrated in the classes.

A small group of students with autism receives a special program in a separate class. We call it Club 9.



#### Level two

Moderate mental disability

Students of level two have a moderate mental disability. Some of the students also have autism. The students with autism are integrated in the classes.

We don't have a separate class for students with autism, but we do some special adaptations if needed.



#### Level three

Mild mental disability

Students of level three have a mild mental disability. Some of the students also have autism. The students with autism are integrated in the classes.

As in level twee, we don't have a separate class for students with autism. We do some adaptations if needed.

#### SCHOOL POPULATION

Together we are one school



# Students Staff



- 254 students are following classes in our school
  - Level 1: 65
  - Club9: 6
  - Level 2: 61
  - Level 3: 122

- 94 staff members are working in our school
  - Headmaster
  - Coordination staff
  - Support staff
  - Teachers
  - **Paramedics**
  - **Bus mentors**
  - Cleaning staff

# DIFFERENCES WITH REGULAR EDUCATION

THERE ARE A LOT OF DIFFERENCES BETWEEN REGULAR AND SPECIAL NEEDS EDUCATION



#### Differences with regular education

#### Regular education

- Examinations
- Homework and tests
- A lot of different school subjects

 Compulsory learning outcomes

#### Special needs education

- Permanent evaluation, no real examinations
- No homework and tests
- Only a few separate school subjects, most of the time working in projects.
  - General and social education
  - Vocational training
- Development goals and training profiles









#### Differences with regular education

#### Regular education

Passing a schoolyear or not

#### Special needs education

- Extension of the study duration
- Adjusted pace
- Smaller groups
- Indiviual action plan for students
- Individual programs for students
- Customized support and care
- Collaboration with external services like social support, employment support, ...





#### Differences with regular education

#### Regular education

- Staff members:
  - Headmaster
  - Coordination staff
  - Teachers
  - Support staff
  - Student counseling
  - Support network

#### Special needs education

- Staff members:
  - Headmaster
  - Coordination staff
  - Teachers
  - Support staff
  - Student counseling
  - Support network
  - Paramedical staff
    - Speech therapist
    - Fysical therapist
    - Nurse







STUDENTS WITH A SEVERE MENTAL DISABILITY SOMETIMES WITH AUTISM



- Preparation for a later life at home, in a daycare centre or a sheltered housing facility
- Some students work voluntary in a sheltered working environment

#### Home

Self-reliance, housekeeping, shopping, cooking, timekeeping social daily life, selfcare,....









#### Work

Workshops: media, working, maintenance, gardening, supervised work, small tasks, ...









#### Free time

Music, drama and art, hobbies, games, swimming, snoezelen,...



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#### General attitude

Social training and relations, dealing with feelings, workattitude,...









emotional well-being



- Multi-day excursion every two years to the forest, the sea, ...
- Social and society training and jobcoaching
- Hobbies
- Adult activity: intensive preparation for the later life in a daycare centre and a personal plan for future

# **IMPORTANT**

ACTIVITIES IN LEVEL 1



# CLUB 9

STUDENTS WITH AUTISM THAT FOLLOW AN INDIVIDUAL PROGRAM



CLUB9

- Students with autism and emotional problems that don't fit in the regular classes and need an individual program
- A program with a lot of structure, more cognitive challenges and extra ASS support
- A program without pressure, time to rest and cool down and a lot of proximity

#### CLUB 9



- Social skills training
- Cognitive challenges
- Teaching 3 big themes:
  - Life
  - Work
  - Free-time
- Individual program
  - Adapting program to the age and the cognitive possibilities
- Jobcoaching
  - Green service
  - Museum
  - Butchery
  - Primary school
  - Auto mechanic
  - Ice skating company

#### CLUB<sub>9</sub>



- Structure and clearness
  - Working with dayschemes every 20 minutes
- Individual support for every student
  - Every student has a weekly meeting with his coach
- Working on a caring farm
- Preparation for a life with as much independency as possible
- Very functional program
  - Shopping and cooking
  - Cleaning and doing the laundry
  - Using public transport
  - Using public services: bank transactions, ...

- Multi-day excursion every two years to the forest, the sea, ...
- Jobcoaching
- Hobbies



# **IMPORTANT**

ACTIVITIES IN CLUB9



STUDENTS WITH A MODERATE MENTAL DISABILITY SOMETIMES WITH AUTISM



- Preparation for a paid job in a sheltered workplace or the regular market with some extra support
- General and social education in a combination with job training

#### LEVEL<sub>2</sub>

#### Work

- Preparational exercices
- Training for sheltered work
- Internships
- Gardening
- Techniques
- Packing
- Assemblage
- Mailing
- Textile
- Logistics
- Skills training



#### Home

- Budget
- Functional mathematics
- Health and hygiene
- Mobility
- Public services
- Shopping
- Living alone or together
- Cooking
- Householding

#### **Free time**

- Physical education
- Hobbies

#### Life

- Actuality
- General attitude
- Healthy environment
- Religion
- Multi-day trip
- Personal development plan
- · Relational and social skills



- **IMPORTANT** 
  - ACTIVITIES

    IN LEVEL 2

- Multi-day excursion every two years
- Preparation for later living with some support
- Hobbies
- Internship in group
- Individuel internships
- Personal development plan



STUDENTS WITH A MILD MENTAL DISABILITY SOMETIMES WITH AUTISM

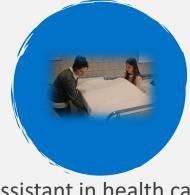


- Preparation for a paid job in regular employment
- General and social education in a combination with job training
- If possible, making the switch to regular education



Shop assistent

Working in supermarkets and bigger shops



Assistant in health care

Support tasks in hospitals and homes for elder people



Woodworker

Working in a wood factory



Welder

Working in a welding factory

# LEVEL 3

4 study fields



- Multi-day excursion every two years
- First year of exploration the different study fields
- Project about choosing a study field after the first year
- Theoretic driving license lessons
- Internship in group
- Individual internships
- Applying for a job

# **IMPORTANT**

ACTIVITIES IN LEVEL 3

# CHALLENGES CHALLENGES WE HAVE TO DEAL WITH AND ACTIONS WE ARE WORKING ON

#### Our challenges



Early school leaving

We have to deal with motivation problems of our students and find ways to keep them at school and learn a profession.



Regular education

We have to work together with regular education to make the switch easier for the students.



Behaviour

We experience more and more with severe behavioural problems and have to make our staff stronger to deal with this behaviour.



Individual programs

More and more students need an individual program because of specific problems in their possibilities and behaviour



Support services

We have to build up a network of external services to work with for time-out, support, individual programs.

