

Inter-generational survey on kindness and inclusion



Survey made by the eTwinning team for the Don't Judge A Person By A Face project (2017-2018)



Don't judge a person by a face

International project on the theme of Inclusion for all. This project will look at understanding how inclusion is seen, perceived and understood in different countries depending on the cultural background.

1. Could you tell us who you are?

- Name:
- City / Town / village:
- I belong to the ____ [51-60] ____ [61-70] ____ [71-80] ____ [81+] age group

2. In a few words, what are your definitions of kindness and inclusion?

- To me, showing kindness can be

- To the words 'kindness' and 'inclusion', the following ideas come to my mind :

To me, inclusion can mean

3. How many times have you said and heard 'hello / good bye' and 'thank you / welcome' today?

not enough (only _____ times)

enough (_____ times)

plenty enough (already _____ times)

4. Can you rank the following acts of 'kindness'?

Picking flowers from someone else's garden to give to a friend	Offering a friend who is going through a turbulent time a listening ear	Giving up your seat or place in a queue for someone who needs it more than you	Helping someone whom you realize is a person-in-need	Smiling at a stranger	Sending an anonymous gift to a friend	Volunteering your time or services
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not kind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
kind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
very kind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
exceptionally kind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Which group of the following do you feel are the kindest and why?

toddlers and babies because...

tweens and teens because...

young adults and grown-ups because...

the elderly and the aged because...

6. Can you recall an act of unkindness, of bullying or even an example of harrasment 1. you witnessed, 2. felt the victim of or 3. committed when you were at school?

1.

2.

3.

7. Would you say that our society today shows more kindness than when you were a teenager?

It shows less kindness. For example, in my day and age,

It shows as much kindness. For example, in my day and age,

It shows more kindness. For example, in my day and age,

8. Comparing the society you lived in and today's, have a look at these illustrations and share your thoughts.



9. 'Warning! Being kind is contagious and can affect your health!'. Please share your viewpoint!

10. Read this quote. What advice would you give to your younger self to make it 'right twice a day'?

"Nothing in the world is ever completely wrong. Even a stopped clock is right twice a day."

—Paulo Coelho, *Brida*

I should have

I strongly recommend my younger self to

