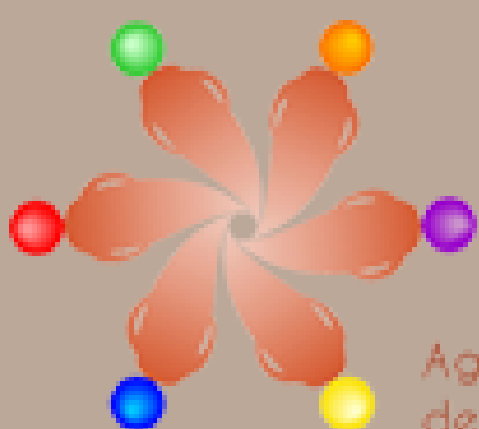




# Traditional Costumes



Agrupamento de Escolas  
de São João da Talha



Erasmus+



# Traditional Costumes

Traditional clothes show a culture of a nation; wearing traditional clothes represents national identity, connectivity in culture and with each other and a sense of belongingness with the country. It is a way of showing love, respect, and acknowledging the traditional values that have been passing on from generation to generation.

Traditional Portuguese dress consists of puffed skirts for women, and trousers, short leggings, hats, and waistcoats for men. Women also sometimes wear a kerchief, but this varies a lot depending on which region you're in.



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# Traditional Costumes



## WOMEN

The typical dress is constituted mainly by a one-piece dress, which has its upper and lower part. The upper part is marked by a white shirt with long, puffed sleeves. This shirt can have embroidery and other types of decorations. They are adorned with countless necklaces, chains, charms and other types of attractive jewelry.

The skirt is long and bell-shaped, highlighting the red color and the vertical lines. In the lower part of the skirt, a black area that contains decorations of flowers, butterflies and other types of embroidery attracts attention.

Above the skirt is an apron that is decorated with many floral and plant motifs.

The woman can cover her head with a hat or a scarf that matches the rest of the clothing.

## MEN

The typical costume for the Portuguese man is quite simple and its details are repeated almost equally in each of the regions of this country.

They often use black pants and on top, a long-sleeved white shirt is worn. Above the shirt is a very elegant black jacket with attractive details.

One of the main accessories in the typical men's costume is the Bolero type black hat.

A red sash can also be fitted at the waist, although it is not mandatory.



# Traditional Costumes



## WOMEN

The women wear a white linen shirt with blue embroidered details.

A blue cloth is placed on the bodice as a shawl that stands out for having many fringes.

A scarf can also be worn on the neck.

The dress is predominantly black or blue.

Above the dress is the apron full of blue colors and embroidery of flowers, leaves and other prints.

## MEN

Men wear black pants and a long-sleeved white shirt, over which a black vest with silver buttons is worn.

Above the vest is a black jacket.

A red sash is adjusted at the waist.

The head is some covered with a patterned scarf and finished off with the round black hat.

They also wear black ankle boots.



# Traditional Costumes



## WOMEN

They wear a long-sleeved white shirt. This garment has embroidery on the shoulders, cuffs and chest, with blue details, alluding to the maritime zone.

Over the shirt is a wool bodice where the black stands out at the waist. The skirt can be of double color: white with black or red with black.

Aprons reach down to the calves and can come in various designs and colors. The women of this region wear white perlé stockings.

Embroidered slippers in black tones are used as footwear.

Under the skirts that have multiple petticoats (underskirt).

On the head they wear a drooping headscarf that matches the colors of the skirt and apron.



## MEN

The men wear long-sleeved shirts. This shirt has wide cuffs and can have various embroidery embellishments.

Over the shirt is a finely ornamented black vest.

The pants are black.

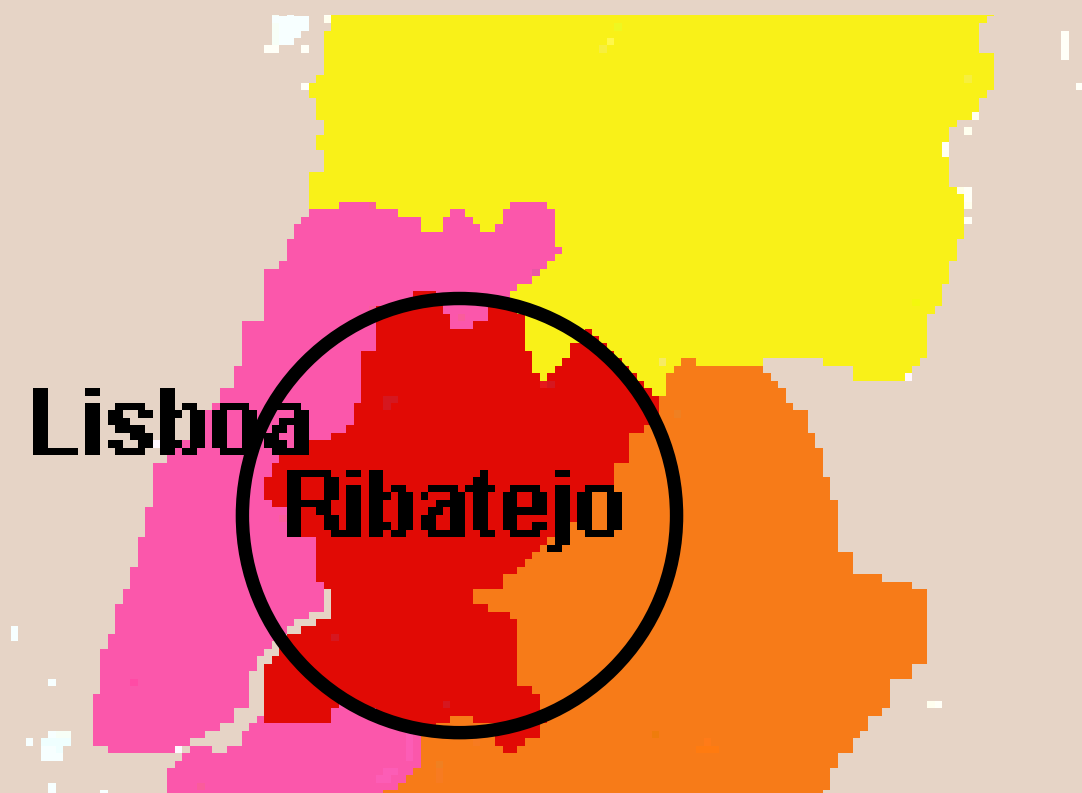
A red sash is used that closely resembles a scarf.

The shoes are black.

On the head goes the inevitable round hat.



# Traditional Costumes



## WOMEN

The women's costumes are of varied colors, but with a predominance of discreet tones. Skirts can be blue, black, green and brown.

The blouses, on the other hand, are lighter and the aprons (when worn) are brighter in color and the head scarves are not too bright.

## MEN

As for the man's attire, the most important is the "Cerimónia" or "Sunday", completely black and made up of high-waisted pants and leg warmers, with straight pockets, a black vest, a white shirt with a bib and high-heeled shoes.



# Traditional Costumes



## WOMEN

The women wear a long skirt, in a single and bright color with a bar of colored ribbons and a white petticoat, with lace.

The blouse with flowers and long sleeves is decorated with lace.

They also use a small white or flowery apron, with lace and white lace linen high socks.

They wear half-pipe boots usually brown.

On the head they have a flowered scarf and a black felt hat.

## MEN

The men wear black pants, white socks and half-pipe black boots or black shoes;

-They also wear a white shirt and a black vest.

They put a red scarf or other color around the neck and on the head a black felt hat.





# Traditional Costumes



## WOMEN

Red predominates in the women's suit.

The garments consist of a colored or striped wool skirt, a red vest and blouse, and a blue hood.

## MEN

The men's suit consists of white pants with gathers at the knee, a shirt with pleats that can be embroidered or not.

Both men and women wear boots, called *botachas* which are made of tanned cowhide and are adorned with a red bow.

