Portugal - Alto Douro Wine Region: World Heritage

Douro Demarcated Region, the oldest regulated wine-growing region in the world







The wine has been produced by owners of traditional farms in the Alto Douro region for two thousand years.



Since the 18th century, its main product, Port wine, has been world famous for its quality.

This long tradition of viticulture produced a cultural landscape of great beauty with steep slopes and rugged with poor soils, however, Man adapted his agricultural needs to the type of space accompanied by a very special climate.









Transportation in ancient times was done through the Douro River by "Rabelos boats" to the quay of Gaia where the cellars were located

The region produces the famous Port wine.

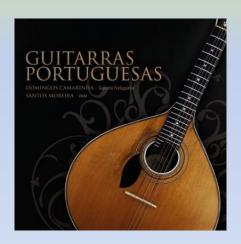






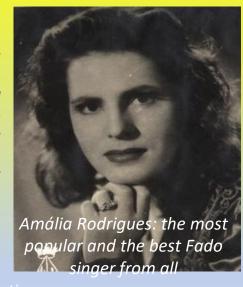
Portugal – Fado: World Heritage

The Portuguese Guitar is a musical instrument full of symbolism and inseparable of the music Fado, that is seen as the Portuguese way of being and where the words "fate" and "saudade" are naturally associated to. The Portuguese Guitar has an unmistakable tone and sound, that allows every single Portuguese to recognise its first sounds immediately wherever they are.



The Portuguese Guitar totally handemade

https://www.youtube.com/watch?v=n5xAPrbF7Rc&list= RDvpZCh9iGo-l&index=29



times https://www.youtube.com/watch?v=exhrW RY8iGk&list=RDEME57zQmiWw8Qt3SWu3xOuWQ&in



Fado is the national musical expression and the Portuguese Guitar has been the vehicle that has taken the melodies and the spirit of a people, that has revealed his sadness and joy through it.



The Fado guitar players are not only backup supporters but also interpreters of this amazing melodic music full of feelings.

Portugal - Popular Saints Feast





The bows, the colourful balloons, the leek that blesses the people... people skipping campfires to have luck; religious processions brightening up the streets; people buying vases with perfumed "manjerico"

The Popular Saints festivities (Santo António, São João e São Pedro), are highly celebrated in Portugal.



They are feasts full of enthusiasm, joy and religious spirit.



June is the month of the Popular Saints, and the places where these festivities are celebrated are transformed into real popular feasts full of colour, popular music and very happy environment.



These are the people's saints! The streets smell of grilled sardines; wine is the most appreciated drink and the popular music rejoices everybody all around the cities.



