# Professions we would like to master

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# **ESTHETICIAN**

The esthetician applies various care and deep cleansing treatments to improve the health and appearance of the skin. It provides personal services such as epilation, make-up, skin and body care.

Other professional responsibilities of estheticians who provide a small guidance service with various methods of skin care, skin care care and skin care:

- Meet the customer,
- To clean machinery, tools and equipment,
- Pre-meeting with the customer to determine the appropriate transaction and prepare the customer for the transaction,
- To make ready the machinery, tools, equipment and materials to be used according to the procedure,
- Providing proper care for the skin problem,
- To apply permanent or daily makeup,
- To follow current methods, treatments and technologies related to the profession,
- To advise on make-up, skin and hair care,
- Providing body care and hair removal services,
- To make suggestions regarding the use and sustainability of the transaction,
- To regularly attend staff meetings and vocational training,
- Trying to get loyal customers by considering the principle of satisfaction,
- To play an active role in achieving the sales targets of the institution.

There is no specific university or department for those who want to become an esthetician. Generally, people who want to have esthetician status can have this title by participating in different trainings. In other words, there is no formal education requirement for those who will work as aestheticians. Thanks to some beauty schools and beauty education, they can be certified on this subject.

People who go to an educational institution related to esthetician and get a certificate from there can work in various beauty centers. Estheticians, who have gained expertise in hair



removal, make-up, body care and skin care, can also take part in this field in the beauty center. Estheticians can specialize in different fields according to their certificate programs. In some programs, direct epilation, laser or make-up applications are performed. If the person has a training in make-up, a study can be done in this area, usually in beauty centers.

## KEY KNOWLEDGE AND SKILLS THAT AESTHETICS SHOULD HAVE:

- Tools and equipment information
- Nutrition and diet information
- Information on professional terms
- Psychology and Anatomy knowledge
- Information on skin and infectious diseases
- Beauty and aesthetics knowledge, creativity

Expert Esthetician Mehmet ÇELİK:

Expert Esthetician Şemşat ÇELİK:







Begüm Karakulak



# **DIETITIANS**

Dietitians create a nutrition program according to their needs for people who want to lead a healthy lifestyle or who want to reach a specific health-related goal. They work in hospitals, long-term care facilities, clinics and other relevant institutions.

- Dietitians are expected to support individuals and communities to make positive, practical changes in food choices and overall health. Along with this basic responsibility, the responsibilities of dieticians can be collected under the following items;
  - Counseling on nutritional problems and healthy eating habits,
  - To develop eating plans by considering the preferences and health needs of people,
  - Evaluating the effects of eating patterns and changing as necessary,
  - To investigate how the functions of the body are affected by the food source,
  - Writing reports to document patient progress,
  - To cooperate with other healthcare professionals to improve the patient,
  - To advise sports professionals on how to optimize their performance with diet and achieve optimum body size,
  - Promoting better nutrition by talking about the relationship between diet, nutrition and good eating habits and the prevention or management of certain diseases,
  - Providing expert advice on healthy nutrition to certain customer groups such as mothers, babies or the elderly,
  - Following the latest nutritional science research.



The qualifications sought in dietitians who are expected to encourage a healthy lifestyle with an empathetic attitude are as follows:

• Being an active listener



- To have problem solving skills,
- To be able to communicate well with the working team and patients,
- To be able to interpret scientific studies and turn them into practical eating advice,
- To listen carefully and empathize with their clients in order to understand the goals and concerns of those who consult them,
- Demonstrate logical and critical thinking skills

Betül Beyza Şahin







# **LAWYER**

A lawyer is a person who is a graduate of a law faculty, who has completed an attorney internship, who performs the attorneyship profession independently or depending on an institution.

## WHAT DO LAWYERS DO?

- Before accepting the advocacy of a person, she listens to the person (client) whose case she received her case and accepts the case if she believes that it can be useful.
- Examines the laws on the subject of the case and the decisions of the high courts
- Conducts extensive research and investigation on the case
- Opens various lawsuits in the courts or participates in the lawsuit against the client.
- Asks questions to the court witnesses about the case
- Prepares the defense text to ensure that the decision is concluded in favor of the client and makes a defense speech. Follows new publications and laws

As well as working in public institutions and private companies, the person can also open her own business and work independently.

#### HOW TO BECOME A LAWYER?

In order to become a lawyer, first you need to have enough point to enroll one of the 4-year Law Faculties in the university exam. After you graduate from a law school, you start your lawyer internship. This internship takes 1 year. You spend half of this time at the court and the rest half with a lawyer who has at least 5 years of experience.







10 trainings that lawyers must take:

- diction, body language and effective communication
- fast reading education
- presentation and project management
- foreign language
- turkish language and legal language
- mediation
- uyap education (National Judicial Network Information System)
- effective computer skills
- stress management
- time management

## WORLD-FAMOUS LAWYERS

## "SÜREYYA AĞAOĞLU"

She managed to be in both the world's and Turkey's history as the first female Turkish lawyer. Süreyya Ağaoğlu, the defender of women's rights that started after the War of

Independence and made great efforts to ensure that women should take much more role in the society. Her long lasted works about the place of women in the society contributed to woman much more active than before in the society. Even after her death, she still provides scholarship opportunities thanks to his infrastructure works.

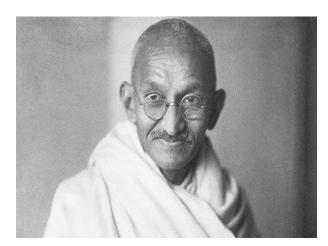


# "MOHANDAS KARAMCHAND GANDHI"

Probably everyone in the world knows Gandhi. After his major changes in India, Mahatma Gandhi was recognized as a freedom fighter. He started his career as a lawyer in London in the 1800s and moved to South Africa in the following years. He has repeatedly defended civil rights and immigrants. He has managed to become the spiritual and political



leader of the Indian Independence Movement. He is the founder of the Satyagraha philosophy (Satyagraha - a philosophy of non-violent but permanent resistance to evil).



Gözde Görmez

# ORGANIC FARMING

Organic agriculture is agriculture in which all living things, nature and environmentally sensitive production systems are based on mechanical functioning depending on the ecosystem and its rules, chemical drugs, synthetic factors, hormonal changes, and completely natural methods and ecological principles. İndustrial fertilizers are not used.

Organic agriculture is very important in order to restore the deteriorated natural balance. Organiz agriculture is the most ideal form of agriculture, which is done without harming people's health by avoiding the use of chemical fertilizers. The use of GMOs causes serious harm to human health. Thanks to organic agriculture, people's quality of life is increased.

Organic fertilizers must be used to grow healthy products. Agriculture is revitalized by avoiding chemical applications that reduce the fertility of the soil and cause serious damage to human health. It is seen that even barren lands come to life again thanks to organic fertilizers. For this reason, organic agriculture is an agriculture that must be applied today.

## What are the Benefits of Organic Agriculture?

- The lost natural balance can be restored,
- •Controlled, certified and harmless products are produced,
- Soil fertility increases,
- Environment, plant, animal and human health are protected without polluting the soil, water resources and air.
- Provides resistance to erosion.
- Saves water
- Most importantly, the product quality increases.





Organic agriculture, which is spreading rapidly in the world, also manifests itself academically. Organic farming can be taught at many universities. The organic agriculture department is for 2 years and its lessons are as follows:

- •Organic farming
- •Soil Information
- •Business Science
- •Sustainable Soil Management
- •Agricultural Credit and Marketing
- •Fruit Growing in Organic Agriculture etc.

Hatice Kara





# **ARCHAELOGIST**

Archaeologist, to gather information about human history and prehistoric, architectural structures, artifacts, bones, etc. left behind by ancient civilizations examines the ruins. Tools, cave paintings, building ruins... is the person who unearthed, inspected, evaluated and preserved.

## What Does It Cover?

- Using geophysical surveys and aerial photography to find suitable excavation.
- Archaeological excavations.
- Managing excavation teams.
- To clean, classify and record the findings obtained during the excavation.
- Performing laboratory tests such as radiocarbon dating.
- Comparing the findings with other archaeological data.
- To produce written and photographic electronic databases.
- Supervising and directing staff.
- To create virtual simulations of what the excavations will look like.
- To develop theories about the origin and development of past cultures.
- Writing a report or article for publication.
- Checking city planning practices and identifying possible archaeological impacts.
- To advise on conservation or recording of archaeological remains.
- Ensuring the proctection of important buildings and monuments.

## IMPORTANT ARCHEOLOGISTS

Archeology in Turkey, all kinds made within the territory includes the excavation and restoration work. Osman Hamdi Bey was the first local name to carry out these works, which were mostly done by foreigners during the Ottoman period. In addition to being accepted as the first Turkish archaeologist, he is the founder of the Istanbul Archeology Museum, the country's first archeology museum.





Osman Hamdi Bey



**İstanbul Archeology Museum** 

Howard Carter (May 9, 1874 - March 2, 1939) was an English archaeologist and Egyptologist. After discovering the intact tomb (designated KV62) of the 18th Dynasty Pharaoh Tutankhamun in November 1922, it became world famous and decided it was the best preserved pharaoh's tomb found in the Valley of the Kings.



**Howard Carter** 



**Tutankhamun Tomb** 

Kathleen Mary Kenyon, (5 January 1906 - 24 August 1978) was an English archaeologist of Neolithic culture fertile crescent. He led excavations at Tell es-Sultan, where the ancient Jericho was located from 1952 to 1958, and is remembered as one of the most influential archaeologists of the 20th century.



Kathleen Kenyon



Tell es-Sultan excavations

Ayşe Gül Demir

