# Safer Internet Day Quiz Are you a good friend online?

Safer Internet Day 2015 is all about helping to create a better internet together.

One way to do this is to be a good friend to others online.

What kind of friend will you turn out to be?

Take our fun quiz now and find out...



## Safer Internet Day Quiz - Questions

Q1. Your friend is a keen photographer, and loves sharing photos online. One of his pictures is public though and shows his road name and house number. You're not sure it should be online. What do you do? (Select the best answer)		
Α	Nothing, it's his decision and up to him what he shares.	
В	Report the photo to the website, without telling your friend, to see if they will remove it.	
С	Call your friend and suggest that he takes the photo down, it's best not to share any photos on the internet.	
D	Talk to your friend about personal information and help him set his privacy settings.	_

Q2. You notice a profile for your friend on a social networking site. You know that she doesn't use that service, so it must be a fake account. How do you proceed? (Select the			
best a	best answer)		
A Tell your friend about the account, and ask an adult to help you report it to the site as being fake.			
В	Tell your friend about the profile and help her to decide who to talk to about it.		
С	Tell your friend that the profile exists and let her deal with the situation.		
D	Become friends with the account to try and find out who has created it.		

Q3. Your friend has commented on a video online, making a joke, but has upset some			
peopl	people by doing so. How can you help to make things right? (Select the best answer)		
Α	Report your friend directly to the website. At least if the comment is gone,		
	no one will see it anymore.		
В	Make another bad joke on the thread, it might lighten the mood!		
С	Talk to your friend and help them see that they have upset people. Help your friend to remove the comment themselves and apologise to the others.		
D	Get involved in the conversation and hope that no one argues with you too. Say that your friend did not mean to upset anyone.		

Q4. Your friend has told you about a great website to use for your homework. You have a			
look a	look and aren't too sure that it's reliable. What do you do? (Select the best answer)		
Α	Advise your friend not to use the internet for homework. What's wrong		
	with using the library?		
В	B Use several websites to check that information is reliable each time you		
	search online. Remind her to check anything that she is unsure about with		
	an adult too.		
С	Nothing at all. Let her make her own mistakes!		
D	Tell your friend that she needs to look at two websites each time she		
	searches for information.		

Q5. You receive a friend request from someone that you've heard of, but haven't met			
befor	before. They're a friend of a friend. Do you accept the request? (Select the best answer)		
Α	Of course, you're fairly sure that your friend wouldn't be friends with them		
	if they were a stranger.		
В	Accept the request and then ask them a few questions to decide if you like		
	them, and want to remain friends.		
С	Ask your friend who they are and if they're nice. If your friend says they're		
	ok, then go ahead and accept the request.		
D	Do not accept the request. Even if your friend has met them, that doesn't		
	mean that you can trust them with your personal information online.		

Q6. You and your friend have shared your passwords with each other. You notice that your friend isn't doing very well in your multiplayer game and you want to help them		
impro	ve. How do you do this? (Select the best answer)	
Α	A Talk to your friend about personal information, and sharing. Create new	
	passwords and share tips with each other about the game instead.	
В	Reassure your friend that they're doing OK and let them play the game as	
	your character, to help them feel better about themselves.	
C Secretly ask the other players in your game to play badly so that your friend		
	feels better.	
D	Log in as your friend and make their score ten times worse. They'll find that	
	so funny!	

of a pupil in your year group doing something embarrassing, and you're sure they don't know it's being sent around to so many people. What should you do? (Select the best answer)		
А	Delete the email. Your parents share your email password and you'd rather they didn't see the photo.	
В	Upload the photo online so that your friends can see it too!	
С	Tell an adult you trust. You know the person in the picture will find this upsetting, and someone needs to be the first person to help.	
D	Let the person know that the photo is being sent around. You don't want any further involvement as it's made you feel uncomfortable.	

<b>Q8.</b> Y	<b>Q8.</b> Your favourite band has released their new single. You've found it online for £0.99 but		
your	your friend has downloaded it for free. What do you do? (Select the best answer)		
Α	A Tell your parents that you've found it for free. If they're happy with that		
	then go ahead and download it.		
В	Celebrate! Download the free one instead, why pay money when you don't		
	need to?		
С	Let your friend know that downloading songs for free, that are available to		
	buy, is usually against the law. They can also carry computer viruses.		
D	You've heard that free downloads often have annoying adverts too, so you		
	buy the £0.99 version so there wont be any.		

Q9. Your friend has been chatting online to someone for a few weeks now and can't believe that they have so much in common. They're thinking of meeting up and are		
deciding on where to go. What do you tell your friend? (Select the best answer)		
Α	Tell them they need to bring a friend with them and can't go alone.	
В	Get them to tell an adult they trust immediately and suggest that they report the online 'friend' to the police. Do not speak to that person again online.	
С	You're far too busy at the weekends with your own activities, so you don't have time to get involved.	
D	Tell them to meet in a public place so that they can be seen by others.	

Q10. How can you be a good friend to others on the internet? (Select the best answer)			
Α	Post embarrassing pictures of them to make them laugh You'll have such		
	funny memories!		
В	Remember their birthdays and send them a free ecard each year.		
С	Show them how to do their homework quickly, by copying information		
	straight from the internet.		
D	Respect your friends and peers online and think about other people's		
	feelings.		



### Safer Internet Day Quiz - Answers

Q1. Your friend is a keen photographer, and loves sharing photos online. One of his pictures
Qp
is public though and shows his road name and house number. You're not sure it should be
online. What do you do? (Select the best answer)

Α	Incorrect	If you are worried about a friend, it's important to talk to them. It could
		really help.
В	Incorrect	This could upset your friend as they may not be aware of your concerns. Try
		talking to them in person first.
С	Incorrect	This is a good starting point, but your friend might need further help with his
		privacy settings.
D	Correct	Discuss with your friend which kind of photos are OK to put online. Taking
		control of your privacy so that you know who can see your photos, and
		protecting your personal information is key.

#### Sharing photos and videos online

Sharing content online can be a great way to connect with others, and most social networking sites, that allow photo sharing, have tools available to protect the things you post online. These allow you to choose how much you share with others. It's really important to check your privacy settings; do you know who can see your content? We would recommend that you change your settings so that you are only sharing with your friends. Think carefully about the photos you choose to upload online; do they give away a lot of personal information about you (eg a picture of you in your school uniform)? Also keep in mind that photos can easily be copied, changed, shared and used elsewhere, so you need to be certain that your pictures or videos are suitable for the internet. Ask an adult if you're not sure, or need help.

'	esn't use that service, so it must be a fake account. How do you proceed? (Select the		
bes	best answer)		
Α	Correct	Imposter profiles are generally not allowed and should be reported. Support	
		your friend and seek help if you are not sure how to make a report.	

O2 You notice a profile for your friend on a social networking site. You know that she

		your friend and seek help if you are not sure how to make a report.
В	Incorrect	This is good in the first instance, but the profile needs to be reported and
		your friend may need help to do so.
С	Incorrect	Your friend may need more support than this, and will be happy if you show
		that you are willing to help her.
D	Incorrect	This may allow the fake account holder to see the personal information that
		you are sharing on the site too. Only become friends with people that you
		know and trust.

#### Reporting on social networking sites

Social networking sites have rules about the kind of behaviour that is allowed, in order to protect their users. Most social networking sites do not allow users to create fake profiles or pages to imitate real people. These are often called imposter profiles and break the terms of use on these services. Social networking sites should have a reporting feature in place if this happens to you or a friend. All reports are anonymous and should be responded to promptly. If you know who created the profile, and wish to report content that they have posted, it is a good idea to have a conversation with them first and ask them to take down the content. Let them know that what they have done was hurtful or embarrassing so that they think more carefully about their online actions in the future.

Q3	Q3. Your friend has commented on a video online, making a joke, but has upset some		
pe	people by doing so. How can you help to make things right? (Select the best answer)		
Α	Incorrect	Your friend may feel that you have gone behind their back. Talking to them	
		in person first is the best thing to do.	
В	Incorrect	This could make the situation worse by causing further upset. People may	
		not realise that you are joking too!	
С	Correct	Helping your friend to remove the offending content may help to calm things	
		down. Apologising to those that are hurt will also help resolve the situation.	
D	Incorrect	Joining in with the conversation may seem argumentative to the others and	
		might not help. It might become upsetting for you too, so remain neutral and	
		help your friend in a different way.	

#### **Online communication**

There are so many ways that you can communicate with your friends online, the list is endless. Remember though that what's funny to one person, may not be funny to others. When you post online, no one can see your body language or read your expressions, so messages are easily confused. Think before you post... would you be happy for your Headteacher or your grandparents to see all of the things you have posted online? It is important to remember that once you post something online it is potentially there forever. This also relates to content that you post about others; what starts out as a joke or gossip can quickly escalate and cause real pain and upset that can't be taken back. Be kind to your friends and consider their feelings when communicating online.

Q4	Q4. Your friend has told you about a great website to use for your homework. You have a		
loc	look and aren't too sure that it's reliable. What do you do? (Select the best answer)		
Α	Incorrect	Books are very useful, but the internet can save you a lot of time by giving	
		you the right information very quickly.	
В	Correct	Using at least 3 websites will help you to evaluate if what you are reading is	
		reliable. Using a range of offline sources can help you too, such as looking in	
		a book or checking with an adult.	
С	Incorrect	Your friend needs to know that the website she's found might not be the	
		best one. It would be a shame to let her use unreliable information.	
D	Incorrect	Two sites are better than one, but checking at least three will help you to be	
		really sure.	

#### **Evaluating information online**

There are many different websites on the internet, and when you search for information you may be shown hundreds of results to choose from. Anybody can create a website and publish any information they want. Information on the internet isn't always true, even if the website looks reputable and professional. It's important to know the signs of a reliable website. Many websites are published by other people or groups, but may contain information that is out of date, inaccurate, or personal opinion rather than fact. Unreliable websites often have spelling errors or poor graphics or animations. Check your sources by looking at least 3 different websites, looking in reference books, or asking an adult for help.

	Q5. You receive a friend request from someone that you've heard of, but haven't met before. They're a friend of a friend. Do you accept the request? (Select the best answer)		
А	Incorrect	Your friend might not have met that person in real life; they might have accepted a friend request from a stranger.	
В	Incorrect	Once you accept a request, that person may be able to see and use your personal information. To stay safe, only be friends online with people that you know and trust in the real world.	
С	Incorrect	You need to be sure that you can trust your online friends. The best way to do this is to only be friends online with people that you know and trust in the real world.	
D	Correct	Once you accept someone as a friend they are able to see the content that you are sharing. It's important to always remember that not everyone online is reliable and some people may lie about who they are. To stay safe, only be friends online with people that you know and trust in the real world.	

#### **Accepting friends online**

It's important to think very carefully about who you choose to accept, or invite, as a friend on to your social networks. Once you accept someone as a friend they are able to see your content, which could include the personal information that you are sharing. It's important to always remember that not everyone online is reliable and some people may lie about who they are. Remember if someone is aggressive or inappropriate to you online, or makes you feel uncomfortable in any way, most social networking sites have tools to help you block or delete or report that person. Ask an adult if you are not sure where these tools are, or if you need help to use them.

Q6. You and your friend have shared your passwords with each other. You notice that your friend isn't doing very well in your multiplayer game and you want to help them improve. How do you do this? (Select the best answer)		
Α	Correct	It's important to create a new password if you have shared one, even if it
		was with a friend. Your passwords need to be strong, memorable and are
		just for you.
В	Incorrect	It's kind to support your friend, but they will need to use your password to
		play the game as you, and a password is personal information that
		shouldn't be shared.
С	Incorrect	It's more rewarding to win fairly, and because you've done well. Your
		friend might be upset that you were making it easier for them.
D	Incorrect	Using someone else's password to log in to their account is not
		appropriate, especially if you are going to do something that could upset

#### **Sharing personal information with others**

them.

Keep yourself, and your friends, safe by being careful not to give out any personal information when you're chatting or posting online. Personal information includes your full name, your passwords, email addresses, your home address, school name, friend's names, and your phone numbers. By sharing a password, someone could log on to your accounts without you knowing, and say or do things that you may not be happy with. Treat your password like your toothbrush... don't share it with anyone! If you have shared a password, then change it for a new and stronger one. A strong password contains letters, capitals, numbers and symbols. Eg the words 'safer internet' could be written as 'SAfer1NTern3T.' Your passwords need to be cryptic, but memorable.

Q7. You receive an email from someone you know, with a picture attached. The photo is of a pupil in your year group doing something embarrassing, and you're sure they don't know it's being sent around to so many people. What should you do? (Select the best answer)		
Α	Incorrect	
		know that the picture is being sent around, and you're worried about
		them, they might need your help.
В	Incorrect	This could be quite upsetting for the person in the photo. Even if you
		haven't taken the photo yourself, sharing it further could get you into
		trouble.
С	Correct	It's important to stand up for others online. If you know that you would
		be upset if it was happening to you, try to support those who need your
		help. They'll really appreciate it.
D	Incorrect	Telling your friend is a good first step, however they might not know how
		to deal with the situation by themselves. Telling an adult too would be

#### **Embarrassing images online**

even better.

An embarrassing image could be of many different things, and the internet never forgets! It's important to remember that once an embarrassing picture has been sent, it could be shared by anyone who sees it, and could be on the internet forever. Think before you press send. If you wouldn't want your parents, grandparents, friends or teachers seeing the image then it's best not to share it with anyone, using any kind of technology. What is funny to you, might not be funny to others, and if you post embarrassing photos or videos of other people online, this can be very upsetting. Things move fast online too and what was meant as a joke can quickly become a cyberbullying situation. Teenagers and adults have even lost their jobs because of what they have put on the internet. If you are sent a photo or video of someone doing something silly, then the best thing to do is tell that person that you have received it, as they might not know that it's being sent around, or ask an adult that you trust for help and they will be able to decide the best thing to do next. The most important thing however, is not to share the content any further.

1	Q8. Your favourite band has released their new single. You've found it online for £0.99 but your friend has downloaded it for free. What do you do? (Select the best answer)		
A	Incorrect	You must check that you are using a legal service. Your parents may not realise that by not paying for your music, you could be breaking the law.	
В	Incorrect	You must check that you are using a legal service. By not paying for your music downloads, you could be breaking the law. Ask an adult to help you if you are unsure where to get your music from.	
С	Correct	Using a legal downloading service, such as iTunes or Google Play, is the right thing to do and will help to keep your devices safe too. Ask an adult to help you if you are unsure where to get your music from.	
D	Incorrect	You are right to pay for your music. As well as having adverts however, the free downloads could be breaking copyright law. Ask an adult to help you if you are unsure where to get your music from.	

#### **Downloading music online**

If you download something for free, that could have been paid for, then it is likely to be covered by copyright law. Copyright law applies to downloading, sharing and listening to music online - just like the real world of CDs and DVDs. If you download from an illegal site then there could be serious consequences, such as large fines, as it is against the law. Illegal downloading programmes and websites can be a risk to your computer or mobile devices too. You might find that you have downloaded viruses or spyware, or have shared personal computer files with other users without knowing it. Also, some files are deliberately misnamed on file-sharing and peer to peer networks to trick people into downloading them. They might not always be music files either, they may contain upsetting images. Using legal services such as iTunes, Google Play or Spotify, will make sure that none of these risks are present.

Q9. Your friend has been chatting online to someone for a few weeks now and can't believe that they have so much in common. They're thinking of meeting up and are deciding on where to go. What do you tell your friend? (Select the best answer)		
А	Incorrect	Meeting up with a stranger, and bringing a friend with you, could put you
		both in danger. It is not safe to meet up with friends that you only know online because people may lie about who they are. Tell an adult straight
		away if you have been asked to meet up.
В	Correct	Friends that you have made online may not be who they say they are, and
		meeting up with them could be dangerous. Tell an adult straight away if
		you have been asked to meet up.
С	Incorrect	If your friend decides to meet this person, they could be putting
		themselves in danger. Ensure that your friend tells an adult about the
		conversation and that they do not meet up.
D	Incorrect	Even meeting in a public place can put you in a dangerous situation.
		People may not be truthful about who they are online, so you do not
		know who you are meeting with. Tell an adult straight away if you have
		been asked to meet up.

#### Meeting up with online strangers

Be very careful about who you trust online. Remember, people you have only met online are still strangers, no matter how long you have been talking to them or how friendly they are. Meeting up with these people is never the right thing to do as you may be putting yourself or your friends in danger. If someone is being inappropriate, or making you feel uncomfortable online, it is important that you save the messages or conversations. An easy way to do this is to use the print screen (PrtScn) button on your keyboard and paste the image into a document, or take a screenshot on your mobile device. Many services have tools that enable you to block and report users who are being abusive. If you have been talking to someone online, and the conversations with that person are making you feel uneasy or you have been asked to meet up, tell an adult you trust immediately. You can also report these incidents to the police (ceop.police.uk). All reports are taken seriously and a police officer will contact you to advise you on the next steps.

Q10.	Q10. How can you be a good friend to others on the internet? (Select the best answer)		
Α	Incorrect	Think before you post. This could upset your friends and get you into	
		trouble. Once something is on the internet, it could be there forever.	
В	Incorrect	This is a kind thing to do, but you could do even more by showing others	
		around you how to behave online.	
С	Incorrect	Without checking the information that you are copying, you could be	
		using unreliable information. Also, pretending that you have written	
		something when it is really the work of someone else, could be breaking	
		the law.	
D	Correct	Always behave on the internet in the way that you would like other	
		people to treat you. This internet golden rule will help you, and those	
		around you, to really enjoy your time online!	

#### Being a good friend online

Being a good friend online is so important. Think about your friends' feelings when you're on the internet, and the feelings of everyone around you. What's right and wrong in the real world is also right and wrong online, so it is up to all internet users to respect each other and help one another to get the best out of the internet. If you act in the way that you would like to be treated, you will have a much happier time online, as will everybody else. The internet is an amazing place to have fun, communicate and find things out. What creative things will you be doing this Safer Internet Day to help make the internet a better place for everyone? We look forward to hearing about your activities.

## Congratulations... You scored:

#### 0-3: The 'Footloose and Fancy Free' Friend

You love to have a great time online and that's fantastic. However, it's important to think about the consequences of your actions before you do something, rather than later. Think before you post, and take time to consider about other people's feelings, to get the best out of the internet. Visit saferinternet.org.uk to help you learn how to stay safe.

#### 4-5: The 'Careful and Cautious' Friend

You're a keen internet user and know how to make some sensible decisions online. Spend time talking about your internet likes and dislikes with your friends and see how you can best help each other, for example by using the tools that websites offer to keep you and your friends safe online. Visit saferinternet.org.uk for more advice.

#### 6-9: The 'Supportive and Savvy' Friend

You're a great friend online and get a lot out of interacting with your buddies in a positive way. You give good advice and are quick to help others. Now it's time to really investigate your favourite online services a little further and find out about the useful tools they offer e.g. blocking and reporting. Visit saferinternet.org.uk for more help.

#### 10: The 'Enthusiastic and Expert' Friend

Congratulations and well done! You're the best friend there is. You're responsible, kind and thoughtful and are doing a great job of experiencing the best that the internet has to offer you and your friends. Visit saferinternet.org.uk to find new things to do, and more importantly, keep up the good work!