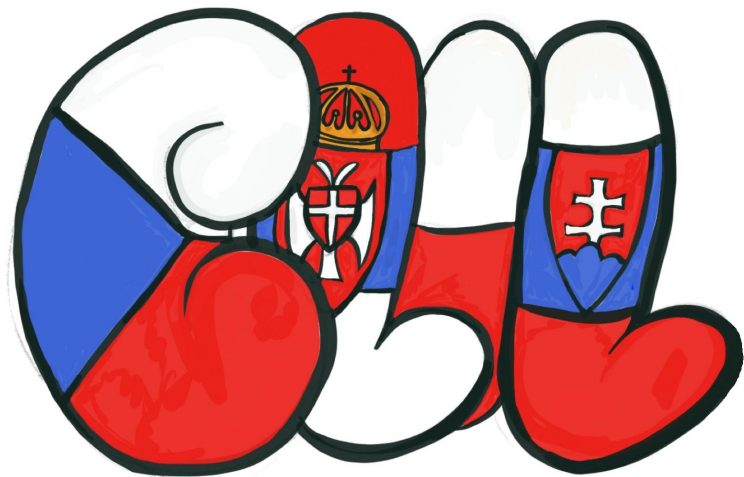




Erasmus+

FOOD FROM DIFFERENT PARTS OF POLAND



1 Barszcz czerwony - Beetroot soup



Beetroot soup - a soup popular in European, countries is a typical Polish dish Initially, beetroot soup was called a soup made of pickled leaves of beetroot, it is one of the soups for Christmas.

Pancakes



Pancakes are a universal and easy-to-prepare dish that does not require a lot of money or effort. To prepare the simplest version of a pancake dough, you will need flour, milk and an egg.

Gzik

Gzik is traditional Wielkopolska dish.
It can be made of cottage cheese mixed with
chives and radish. It's served with boiled
potatoes.
It's a bit salty.



Carp

Carp comes from Silesia.

It is served on Christmas Eve in Poland.

It's usually served breaded and fried.

It tastes salty.



Cabbage stew



It is prepared from sauerkraut and white cabbage. Contains meat, sausage, bacon and mushrooms. It should have a spicy, slightly sour-sweet taste.

Silesian potato dumplings



It's a type of potato noodles prepared from boiled potatoes and flour, formed into highly flattened balls with a cavity, boiled in salted boiling water. They are a traditional Polish dish. They come from Silesia.

Pork chop

It is one of the most popular dishes in Polish cuisine. The dish comes from Saxony.

To do this you need: a piece of veal, flour, egg and bread crumbs.



Oscypek

Oscypek comes from the Podhale region.

It is a hard smoked cheese.

It's made from sheep's milk.

It's salty.



Made by Year 6 pupils under the supervision of English teacher Elwira Wasiewicz

Source of information: the internet, mainly wikipedia

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