**DECEMBER ACTIVITIES**

**1. Kasia helped her mother in holiday cleaning and vacuuming her room. It took her 15 minutes. How many calories were burned?**

**2. After the Christmas dinner, Zosia decided to wash the dishes.**

**How many calories were burned if it took 30 minutes?**

**3. During Christmas holidays, Darek wanted to practice skiing and bought a 1.5-hour lesson. How many calories did he burn during these classes?**

**4. Maciej ate 5 candies from a Christmas tree 100 calories each. Suggest him activity so that he can use this Energy in?**