|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **A healthy week menu, by the pupils of form 8.**  Smakelijk eten – buno appetito - smaczne jedzenie - okusna hrana - garšīgs ēdiens!!! | | | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Fresh pancakes | yogurt with berries | Breakfast pizza with egg and bacon | oatmeal with rye bread special | Dutch bouncer | Yogurt Granola + cracker + Cheese and cucumber | We sleep in and have brunch!  dutch pea soup with rye bread and bacon    pumpkin soup  salad with pear brie, ice with warm cherries |
| **Lucnh** | tasty and healthy salade | pancakes with raspberries | fish wrabs | soup and salade | Egg Muffins | tosti “hairdressers”  **Afbeeldingsresultaat voor tostie kapsalon** |
| **Diner** | nasi with a cabbage fried egg | Stuffed peppers  **Afbeeldingsresultaat voor gezond avondeten** | pasta salad | Hotchpot | vegetable soup | lasagne special |