Actioncards - green

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| Do 5 Jumping Jacks, then move forward 2 spaces | Trade places with the player on your right | Name 5 sorts of fruit, then move forward 2 spaces | Miss a round |
| Go back to the start | Do 5 press-ups – if you can, move forward 3 spaces, if you can’t, go back 3 spaces | Go forward 5 spaces | Trade places with the first |
| Trade places with the last | Name 5 sorts of vegetable, then move forward 2 spaces | Stand up and bend your knees 10 times | Stand up and jump as high as you can 5 times |