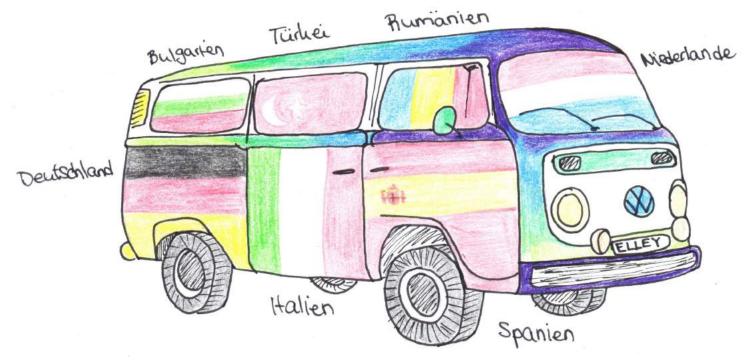
ELLEY's Travelling Book



Hannah Leiner, Magdeburg

ELLEY – Enriching Leisure Lifestyle for European Youth

Erasmus+ Project 2016 - 2018





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The ELLEY Project	3
ELLEY in	
Bulgaria	4 – 5
The Netherlands	6 – 7
Romania	8 - 9
Germany	10 – 11
ltaly	12 – 13
Spain	14 – 15
Turkey	16 – 17
Partners and Meetings	18 – 19
Memories	20



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Leisure time and opportunities constitute a right to be protected rather than a privilege to be earned or lost — that was the starting point of this project.

The hours in the day when young people are not at school or engaged in household tasks are often considered optional—nice but not necessary, or even particularly important. It is imperative that youth be given a wide range of opportunities, and it was the aim of the project to focus on three main topics, which are also represented in the project's logo:

- **Physical activity**, use and enjoyment of the natural environment: Prevention of sedentary lifestyle by practicing any kind of physical activity, especially outdoors, individually or in teams. The added physical and psychological benefits of undertaking physical activities in the natural environment was to reconnect students with nature.
- **Culture**: Approach to any cultural or artistic manifestation: Getting the students to know the fine arts, literature, poetry, playwriting and acting, languages, European traditions and customs and, of course, travel.
- **Active citizenship**: volunteering as a means to promote students' engagement and participation in associational life by giving something back to the community or making a difference to the people around them.

In the international partnership, students were encouraged to use acquired class knowledge (foreign languages, ICT, content subjects, oral skills, etc.) in real life — thus making them aware of the importance of their commitment to their own learning process. Especially the authentic use of English as the project language was a valuable experience. Intercultural links with the countries involved in the project were also strengthened.

Working together in a common project, the idea of Europe is no longer an abstraction. Participants got insight in life and way of thinking of students and teachers from countries all over Europe. Living in host families during mobilities, students gained an authentic impression of the daily life of their host families, got to know the customs, traditions and even the language. Comparing ways of teaching and organising school education gave teachers new ideas. It was a chance for everyone to realize that they are a part of Europe and that they can learn from each other — something hardly possible outside an international cooperation.

The international meetings were absolute highlights, but the project also meant a lot of "homework": activities involving the three topics to be organised in the partner schools — and then to be proudly presented at the following meetings. Most of these activities only happened because of ELLEY! And a number of them will become new traditions at the schools, because they were really successful. Finding partners outside the schools also led to new contacts which will last beyond the project.

At the final meeting, ELLEY's Travelling Book was made in a truly international cooperation: having done research at home about all seven countries, texts were written in mixed groups and pictures painted, presenting ELLEY, a European Youngster, exploring Europe.

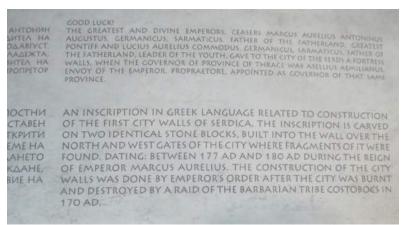




CHAPTER 1: BULGARIA

Elley is going to go to Sofia today. She's really excited. Sofia is the capital city of Bulgaria, so there's going to be a lot of people who she would love to meet.

She's staying at the Balkan Hotel which is in the centre of the city and it's also close to an underground station.



On her first day she's going to visit the Sveti Petka Church. This church is 2000 years old. Then, she's going to visit the Amphitheatre of Serdica where she thinks she's going to have a lot of fun. This was already an amphitheatre in the Ancient Roman City of Ulpia Serdica.

After that she will be hungry so she's going to look for a good traditional restaurant. One of the best restaurants in Sofia is called Hadgidraganov where you can taste traditional shopska salad as a starter.

On her second day, Elley is going shopping at the Srdiha Mall, which is near her hotel. Later she's going to spend the rest of the day at an Art gallery admiring modern art.

On the last day of her trip, she's going shopping for some souvenirs and getting ready for travelling again. She's heading for The Netherlands, the country of cheese and wooden shoes.



CHAPTER 2: THE NETHERLANDS

Elley is in Amsterdam for Christmas! It's hotter than she expected so she decides to go for a walk through the streets. She spends hours walking, admiring the views of the canals and taking photos of the beautiful buildings of the 17th century.

In the afternoon she decides to take a boat trip to see the windmills and the tulip fields. She enjoys the beautiful colours and she tries on real Dutch wooden clogs!

In the evening she meets at a friend's house and eats typical pea soup. She doesn't like it very much! Later she tries ice skating, she's really good! But after that she decides to go home because she's very tired.

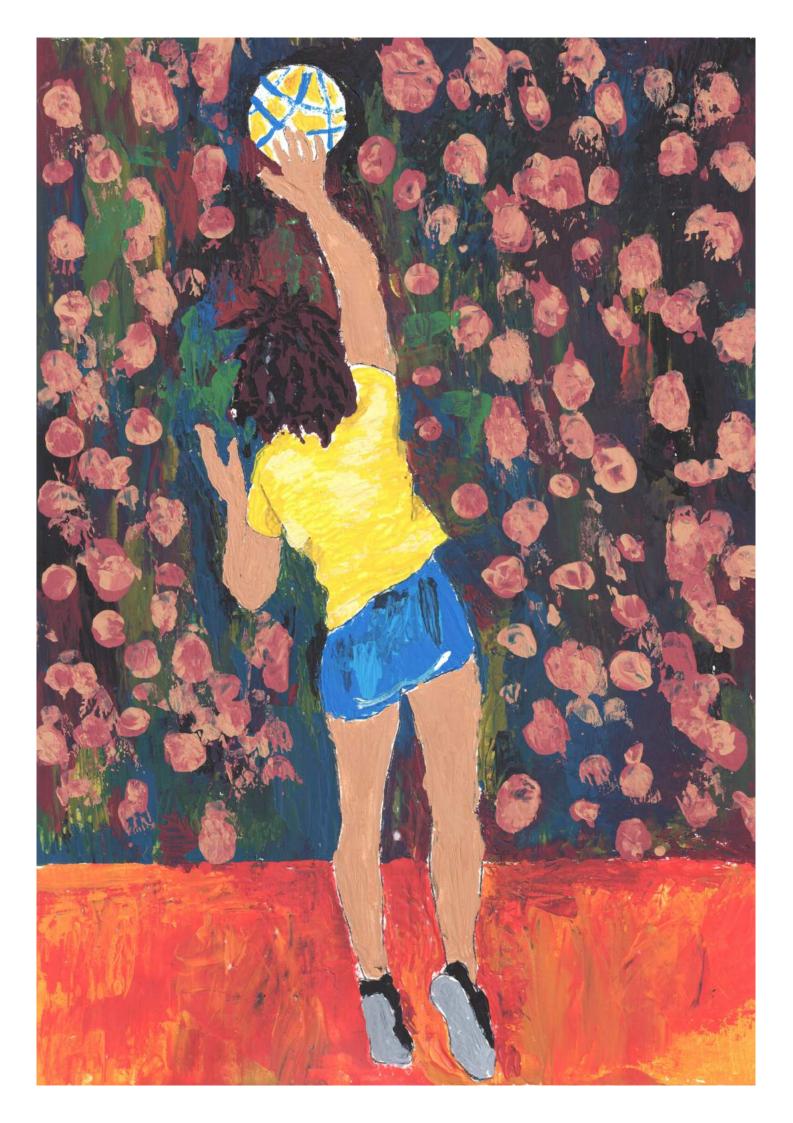
For tomorrow she's planning to go to the Van Gogh Museum to learn more culture, and to the home of Anna Frank too.







In our Dutch partner school



CHAPTER 3: ROMANIA

Elley was in Romania, a country with 20 million inhabitants and whose capital is Bucharest.

Elley met a girl who told her about the traditions of the country. At Easter, people paint eggs, while the 1st of March features Mărțișor gifting; the Great Union Day is celebrated on the 1st of December in commemoration of the Union of Transilvania in 1318; Winter holidays include Christmas festivities and New Year.

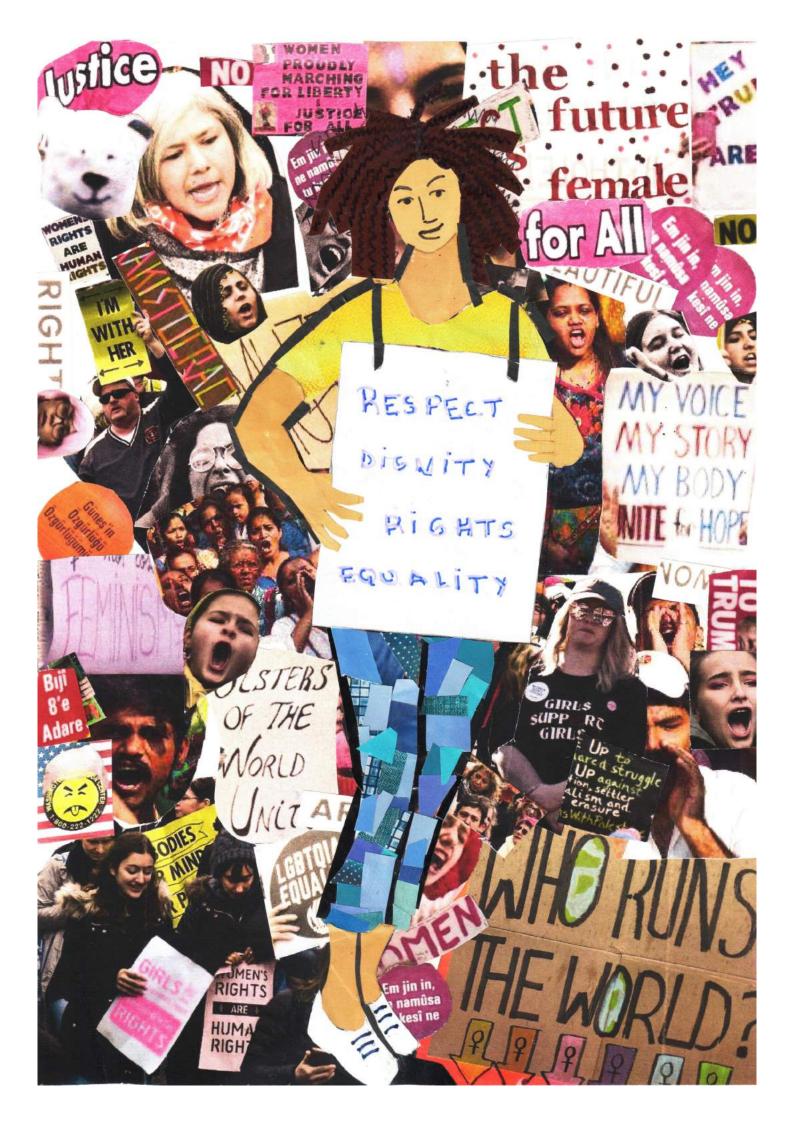
Later, Elley's friend told her about Romanian food which includes a wide range of sour soups. They have Mămăligă, which is similar to polenta; sarmale, rolls usually served as main courses which can be made of pork, chicken and beef and sometimes of fish and lamb.

Regarding sports, Elley's friend said that football is the most popular sport in Romania followed by tennis. Other popular sports are: handball, basketball, athletics, chess, judo, dancesport, table tennis and combat sports.

Finally, Elley's friend told her about culture. In the 20th century, Romanian artists reached international recognition, like Marcel Janco. Notable Romanian classical composers from the 19th and 20th centuries include Ciprian Porumbescu, Anton Pann, Mihail Jora, Dinu Lipatti and, especially George Enescu.

A very popular touristic attraction is "Dracula's castle". This fortress is a national monument and landmark in Romania. It's situated on the border between Transylvania and Wallachia. Now the castle, inspiration for the Dracula character, is a museum.

Elley enjoyed the Romanian experience. She liked Romania very much and she hopes that she can come again.



CHAPTER 4: GERMANY

Elley had a great time in Romania and her trip continues in Germany. She is staying in the city of Magdeburg, where she is received in the house of her German mate, called Robert.

Elley is waiting for her luggage at the airport and she sees that the weather is cloudy and cold. What Elley likes the most is history, so the first thing she wants to visit is the Berlin Wall. She puts her luggage into Robert's car and they go there together. They spend the morning in Berlin and visit other important places such as the Reichstag and the Holocaust memorial.

In the afternoon they go back to Magdeburg. As she is watching the nature, Elley says: "What a wonderful view!" and Robert smiles when he hears her. It has been a long day and she is very tired so she gets to Robert's home and goes to sleep.

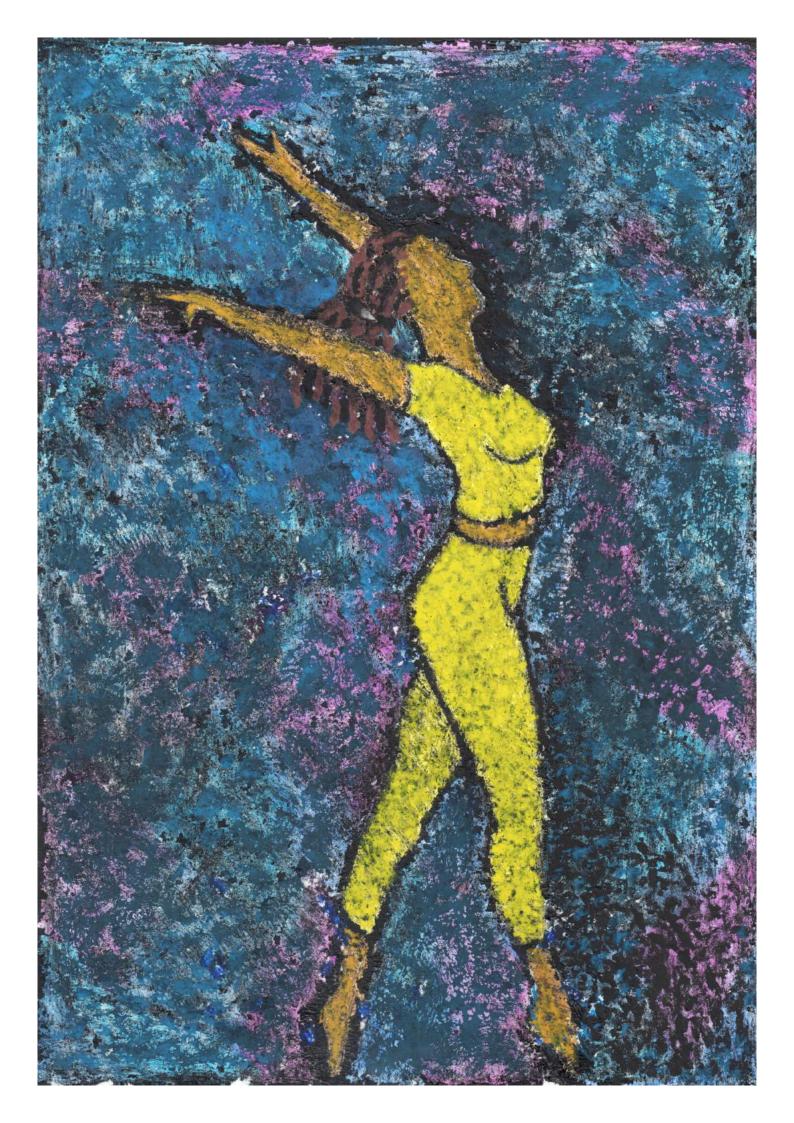
They get up very early the following day and visit Magdeburg's high-school and University with some German friends. Later, they go all together to the Elbe River and they do a lot of amazing activities like feeding the ducks, booking a boat, having a walk along the river, going fishing, visiting the cathedral... "It has been an amazing morning!!" — Elley thinks.

In the afternoon she discovers the typical German food. She goes to a restaurant with Robert's friends and they eat schnitzel, currywurst and schmalzkuchen. She really likes it!!!

In the evening, she goes to a party with Robert, because as he says: "Germany has lots of traditions, but we love to enjoy ourselves!" Elley stays at the party until 4 am because she has to take the plane at 6 in the morning.

"I have had a great time here. It has been one of the best trips I have made in my whole life. I'm now taking the plane to Italy to live new exciting experiences there. Thanks everybody for these incredible days!!!!!"

Then, Elley leaves the party and looks to Robert for the last time. But she hasn't got time to be sad. She has to continue her trip around the most beautiful countries of Europe. Next stop: ltaly...



CHAPTER 5: ITALY

Some days ago, I arrived in Rome, Italy. The weather is good, it's sunny and there aren't any clouds. I took a tour bus and I looked at all the monuments: Colosseum, Traijan's column, Arch of Titus, Trevi Fountain and many more.

I liked the Colosseum the most because it's very beautiful, very big and very ancient. I made a lot of pictures and I decided to go to Naples to eat traditional pizza. Later, I had a typical Spogliatella which is a typical pastry of the Neapolitan tradition.

In the evening I stayed at my hotel room because I was very tired so I went to sleep. I woke up very early and I decided to go to Milan by train. I went to Milan Cathedral and I really liked it, it is very old and very big. Then I decided to go shopping in Montenapoleone Street and Via Della Spiga Street, they are the most famous shopping streets and are always busy.

In the afternoon I went to Bologna to visit the famous university. Finally, I decided to visit Venice and I saw the Venice Gran Canal and Palazzo Vecchio.





The last day I flew to Sicily and I visited Normanni's Palace and Mount Etna. I really enjoyed this trip. I had a good time. I liked all the monuments and the typical food.

Now I'm on the plane to Spain.



CHAPTER 6: SPAIN

When Elley arrived at Las Palmas de Gran Canaria, one of the Canary Islands in Spain, the first thing that crossed her mind was the beach, she absolutely wanted to go there.

She had a list of 'musts'. Among these 'musts' there were such things as going to an aquatic park, visiting the historical part of Las Palmas de Gran Canaria, eating paella in Valencia and, of course, going to the beach. Fortunately, the next day the weather was sunny, so her friends and her went to the beach and had lunch at "Ca' Ñoño", a restaurant in Las Canteras promenade. In

the afternoon, they also visited Maspalomas in the south of the island, one of the most beautiful beaches in the world. It was a pity Elley didn't come in Carnival, she would have had a great time!

The following week she travelled to Valencia, where she ate a big paella and then, she took a flight to Galicia, where she would start the way of Saint James, or as they call it, 'Camino de Santiago'.



Finally, she came back to the Canary Islands and visited Tenerife. She went on a hike on the Teide with a group of professional hikers, but she couldn't follow their rhythm and got really tired. In the end, she left Spain with plenty of good memories and ready to go to Turkey.



CHAPTER 7: TURKEY

Turkey is one of the fastest growing tourist destinations in the world, a truly fascinating country for its culture and history; that's why Elley came to this country. When she left the airport, she noticed that the weather was sunny like in Spain.

Elley, a very adventurous girl, met Cemal Efe, who showed her Istambul where she visited Galatasaray tower and Topkapı Palace. Istambul is important for Christians and Muslims. It's a bridge between Asia and Europe. Besides, Ephesus is a popular attraction for tourists. There are also a lot of nice beaches in Atalaya, Alanya and Mugla.

Now she thinks that the Turkish are very friendly people. When she was hungry she wanted to eat some typical food from Turkey. She wanted to eat a meal of pork, but pigs are considered unclean in Turkey, so she couldn't do that. She ate a Kebab instead.

After two weeks, she returned home and she felt she had had an unforgettable experience.







Bulgaria

1st Transnational Meeting (24 - 28 October, 2016)



52 Primary school, bul. Alexander Pushkin 112, Sofia 1616, Bulgaria, https://www.52ou.org





1st Learning, Teaching, Training Activity (19 - 27 November, 2016)

Christelijk Lyceum Veenendaal (CLV), Kerkewijk 149, 3904 JC Veenendaal, The Netherlands, http://www.clv.nl/



Romania



INSPECTORATUL ŞCOLAR JUDEŢEAN SĂLAJ LICEUL TEHNOLOGIC "OCTAVIAN GOGA" JIBOU



MINISTERUL EDUCAȚIEI NAȚIONALE

2nd Learning, Teaching, Training Activity (4 - 12 March, 2017)

455200, Jibou, Str. Wesselenyi Miklos, nr.3, Judeţul Sălaj Tel./Fax 0260644652, http://www.ogogajibou.ro/



Germany



ohne Rassismus mit Courage

2nd Transnational Meeting (19 - 22 April, 2017)











(5 - 11 November, 2017)

Italy

Scuola Secondaria di I Grado "Dante Alighieri" via Acquasanta, 4 - 67100 L'Aquila, Italy www.dantealighieri.gov.it



Spain

3rd Learning, Teaching, Training Activity



4th Learning, Teaching, Training Activity NETTUTO ENSERVAZASE 3rd Transnational Meeting (15 - 21 April, 2018)

Instituto de Enseñanza Secundaria La Minilla Concejal García Feo, 28, Las Palmas de Gran Canaria, Spain www.ieslaminilla.es/



Turkey



Hacı Kerim Yardımlı İmam Hatip Ortaokulu Nakkaş Mahallesi 2856 Nolu Sokak No:9 68200 Merkez AKSARAY, Turkey www.hkyardimliiho.meb.k12.tr/









MEETINGS 2016 - 2018









