 

**DICE**

**Rules**

**-Each player puts their counter on the space that says ‘start’**

**-Take it turn to roll the dice. Move your counter forward the number of spaces shown on the dice, the target is get to win space.**

**-When you stop on a green space pick up a “chance” card, when you stop on a blue space pick up an “unexpected” card.**

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 **= +1 space = stop one turn**

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 **=+3 spaces = -1 space**

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 **=rool the dice again = go back to the square one**

 **CHANCE UNESPECTED**

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| You are drunk…You can’t driveStop two turns! |  | You forgot the cigarettes at home…Go back two spaces to pick them up! |
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| You go for a run to stay fitMove your counter forward four spaces! |  | You feel bad after eating junk food…Roll the dice again and move backward the number of spaces as rolled on the dice |
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| What substance in cigarettes can cause addiction?If you give the right answer you roll the dice again |  | You are drunk and go the wrong way home..Move backward to the previous unespected space |
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| The fruit you’ve eaten gives you new energyMove directly to the next chance space  |  | You have a bad cough from smoking…Roll the dice and if you get three, go back to the start space |
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| Which organ can be damaged by alcohol?If your answer is right, move your counter forward two spaces |  | You drink water and get fitMove forward two spaces |
|  |  |  |
| You shut down your cell phone and go out with a friendRoll the dice again |  | How many hours should you sleep each night?If your answer is wrong, stop one turn  |
|  |  |  |
| You perform a workout at home: 10 push-ups, ten squats and sky diver for 60 seconds.move your counter forward three spaces |  | You forgot to worm-up before your last workout and got a muscle strain.Stop one turn and rest! |

**COUNTERS**

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