

## **Portuguese team**

### **Our topic:**

**Language: English**

**Food habits, lifestyles and European gastronomy**

### **Instructions:**

- **Interviewers: 2 members of the Portuguese team: 1 member speaks Portuguese and the other one speaks English.**

**The members of the other teams answer in their mother tongue and in English.**

**Interviewer: Good morning. We're doing a survey about young people's lifestyles and food habits. We're asking them to share some of their favourite dishes and maybe one of your favourite recipes.**

**Questions: 1. Do you have a healthy lifestyle?**

**2. Why /why not?**

**3. How many hours of sleep do you get?**

**4. What about your eating habits? Are they pretty healthy?**

**5. Do you eat a lot of fruit and vegetables?**

**6. How often do you eat in fast-food restaurants?**

**7. Can you mention some of your favourite traditional dishes and / or desserts?**

**8. And how about sharing a recipe of one of those dishes or desserts? We would be very glad to try it in one of our next radio emissions!:)**

**9- Thank you for your answers. I'm sure our listeners will appreciate your participation.**

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